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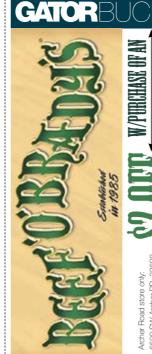
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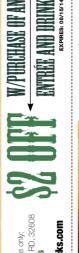


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24 Controlling Your Craft with Songbird Kristen Errett

PRIDE AND PITFALLS OF

- **30** Finding Fullfillment with Rock/Folk Band Starnes&Shah
- **81** Meeting the Parents
- **82** Tips for Maintaining a Long-Distance Relationship
- **84** Defeat the Drop-It Gauntlet
- **90** Tips for Choosing the Perfect Elective
- **92** What Your Class Seat Says About You
- **93** A Little Roommate Vengeance
- **94** How to Be a Man in College

CLUB PICS

71–78 Club pics are brought to you by **mycampustalk.com**



BREAKING IN THE NEW YEAR

As with every new year, we enter 2014 with a sense of renewal and energy. There's a new semester ahead, new books to be bought, new romances to experience, and yet, some things remain consistent: Stress. The stress doesn't go away so it's important to learn how to manage it successfully, whether that management is accomplished as the outcome of a new year's goal or just for your own personal advancement as an adult, not to get too serious.

By now your holiday leftovers are gone and your gift cards swiped to mere pennies, so as always, CT has got your back. We get down to the gritty on cyber security with some methods of protection, as well as some ideas

to maximize your space in whatever damp dwelling you've inhabited this semester. There's advice on meeting your significant other's parents, or, if your relationship is in the dumps, how to get through the heartache. We also talk with musicians Hillary Capps. Starnes&Shah and Kristen Errett about their careers and their plans for the future.

The semester may seem long at its start, but the end will be here before you know it. Bear down, buckle in and get 2014 kicked off the right way; the better you manage your time, the more time you'll have to party.

Daniel Sutphin

If you have any comments you'd like to share with CT, send them in to mail@mycampustalk.com and you'll be entered into a drawing to win prizes!!

You may only be entered once, so don't send us 50 comments thinking you'll enhance your chances of winning! Employees of Campus Talk magazine, their relatives, their twins from alternate universes and their healthcare providers are prohibited from entering this drawing. Everyone else is eligible to participate... except for pandas. No pandas allowed.

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Campus Talk is a humor magazine dedicated to relieving students of the pressures of everyday college life. Among essay exams, crowded classrooms, boring professors and messy roommates, Campus Talk offers a welcome diversion for those students "just trying to get away from it all." Different viewpoints may grace our pages but may not all represent the opinions of Campus Talk Magazine or its staff. Campus Talk should not be read by anyone suffering from heart ailments, unfunny syndrome or halitosis. All images depicted are purely coincidental.

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<< WE ARE THE 8 PERCENT



THE PRIDE AND PITFALLS OF NEW PROCLAMATIONS

So you really think you set an attainable New Year's resolution this year? When was the last time you actually stayed true to one of these "New-You" proclamations? Well, you aren't far from the norm if you fell short last year and are already slipping from your goals.

According to forbes.com, only 8 percent of New Year's goals are actually met. So, are we setting them too high? Are we unmotivated as to our targets? Or do we really even care about them after January and February come and go?

There are certain criteria you can follow to better improve your odds of completing your New-You Proclamation.

KNOW YOURSELF

Only you can control your actions. Nobody is going to tell you not to do certain things if you really want to do them, unless they happen to be illegal, and then the law will certainly stop you short. You have to have a good grasp on who you are, and of what you are really capable.

BE REALISTIC

You know you aren't going to be a millionaire by the end of the year, unless you already are, in which case that's just a boring resolution. You aren't going to be able to save every single penny that you come across this year. Let's face it, you have to eat, and nobody likes the guy on the couch who asks for a piece of every single thing you bring home. Don't be the "couchly creeper." Lastly, and contrary to popular belief, you aren't going to become famous by going viral in a YouTube video so STOP IT!

SET MONTHLY GOALS

No matter what you've chosen as this years resolution, set a goal each month so you know where you stand. Too many resolutions are lost in the monotony of everyday life, keep it in the back of your mind at all times. As soon as you let your mind wander off into the possibilities of straying from the resolution, you're going to do exactly that, and you'll fall victim to the 92 percent of people who fail year in and year out. If your goal is to lose a certain amount of weight by the end of the year, it wouldn't be wise to wait until December to start working out. Set a target weight each month, and weigh in as much as you can. Keep your goals focused and to the point.

New Year's resolutions are meant to improve yourself, your quality of life and your overall happiness. You shouldn't let your resolution become something you randomly chose just to answer the often drunken stray question of "What's your New Year's resolution?"

You still have a little time to change yourself and your resolution, despite the practice's ceremonial appeal having passed. Try putting some realistic effort into it for 2014 and join the celebrated 8 percent. However, should your New-You goals be set in stone, and the previously mentioned criteria not be met, you might as well toss in the towel now before you waste a bunch of your time, money and effort trying to finance your fantastical proclamations.

STORAGE SOLUTIONS FOR SMALL SPACES

It's hard enough moving off to an unfamiliar location away from family and friends without having to get shoved into a tiny, congested apartment with another person. You probably had to share a toothbrush rack with someone back home, but now you're sharing a bedroom and/or bathroom, and that is rough stuff. For compact places, CT has some tips and tricks for storing all of your unnecessary junk more efficiently.

BATHROOM

For buying – Hanging shoe racks hold everything and hardly take up any space, since they can be hung on doors or hooked onto shower rods. There are also some cool-looking boxes and baskets out there that'll fit perfectly on the back of the toilet. As a 2-in-1, it'll also serve as an inconvenience for those looking to leave a double decker during their next visit.

For DIYing – Magnets and velcro are stellar for storage. You can hang up a sheet of magnetic material (test it first) or a patch of velcro (which can be cut into different shapes!) to an empty wall in your potty palace. Then, attach magnets or velcro to combs, brushes, moisturizer, the new pack of bobby pins you just bought, which will probably disappear in two months like the last 800 pieces did, makeup, tooth brushes, and anything else you want to keep off the filthy counter. Double-sided tape should work fine, or you could always glue the magnets/ velcro to loops of elastic that will fit different items. That way, when you run out of moisturizer, you can slip the empty bottle out of the elastic and put it on a new container.

BEDROOM

For buying – There are tons of bed models now (not anorexic ones) with storage space and bins underneath. If you have a bed already, get a set of risers to lift it a foot or two and make room below. You can also buy a hammock or canopy to go above your bed, and put all of your lighter, non-essential items up top. Put a blanket down first so no one has to see the clutter from underneath, and so none of the items fall through.

For DIYing – One of the best things you can do for the storage you already have is to make it more versatile and organized. If your closet is big enough, put your dresser or a small table inside. This opens up all of the floor space your furniture was using up before, and keeps the floor of your closet from turning into a flurry of clothes and shoes. Use broken down cardboard boxes as dividers for your drawers, and file clothes standing up instead of laying flat. They'll stay neater longer, and give you more room for non-clothing crap like the last 20 papers you wrote for your anthro class that you're hoping you'll read again someday (probably never).

KITCHEN

For buying – It cannot be stressed enough that wall space is your best friend. Hooks that don't require nailing or screwing are available for cheap (that's what he said?) and tension rods can be set up in cornered spaces to hang all of your utensils and hand towels. Tiered storage items, like wire stands or small book shelves, are perfect for tight counter spaces.

For DIYing – If your family's got an old pair of small dressers, or you find some at a garage sale, use some wood glue to attach them back-to-back, then add casters to the bottom for mobility and height. Ta-da! You've made yourself a kitchen island, great for storage, counter space, and putting away when you need floor space. Also good for certain party games that shall remain unnamed. Don't forget to salvage a flat surface to attach to the top; just because it's handmade doesn't mean it has to look that way.





draw and paint a lot. That was a part of my life until high school. I still do it sometimes, but there's really only so much time in the day and I don't get around to it as much as I would like to. It's pretty much just music, whether it's playing ukelele or going to concerts or other performances, that's the biggest part.

You sang for your dad's jazz band as a teen, and I was curious to see if you've sung with other groups. Do you plan on being a part of a group or staying solo?

I do have my own group now, I don't just play solo usually. I have a five piece band, with me on the ukelele, and then a bass, a guitar, and a piano player, a drummer. I used to play for my dad's group, and sometimes still do for weddings and events in Vermont and other New England areas, but in the city I'll sometimes play acoustic shows solo. Mostly it's with the five of us, though. I've been with that group for about a year now. We're kind of on a good roll, so I think I'll stick with them for a while.

Have you guys had any problems or spats as a group?

I think I've actually been really lucky so far. The only thing is that I'm on the third bass player now just for circumstantial reasons, like my last bass player moved to California for a career opportunity. I've found a new guy though, and he's kind of the newbie to the group, but it's working out great so far.

In terms of members, it's interesting as a singer/songwriter and my music is under my name, so in a way people are playing for me. At the same time, we're all creative together, so sometimes people, in that situation, have to go off to different creative projects.

Are there any collaborations you'd like to do, or anyone in particular you'd like to produce something with?

I've always wanted to collaborate with Sara Bareilles or Ingrid Michaelson just because they've done some cool stuff together in the past. I think I have a similar vibe, so I'd love to either open for them or write a song together. Who knows?

What attracts you to jazz? What makes it the best form of music to channel your songs through?

I grew up with jazz around me, so in a way it's just always automatically there, whether it's in lyric content, the stylistic phrasing, or the way that I change my melodies and I don't even realize it. It's just there from growing up with those songs and those artists. That's a big part of it, that's always going to underly whatever I'm writing.

I think it's half of that, and then some of it is intentional, because it's such a soulful and honest type of music, so I like to factor that in as much as I can.

Is there any other genre you'd like to branch out into?

Totally. At the moment, I actually don't know that much about country but I'd like to learn more about it for sure. One genre that I have been thinking about is more of the alternative kind of songwriting, like the indie music of Bon Iver that I'm not so far from. It's a little more experimental in a way. My music is very organic with real drums and tambourines and ukeleles and acoustic guitars, whereas in experimental it's more of synthesized beats.

Your song "New Melody" was one that hit home for me. I was wondering if your music comes from mostly personal experiences, or if it's written more from a storytelling standpoint, based off of others' experiences?

It was both. I've certainly been through some breakups in the past, and we can all relate to it, and that was the goal of the song: To say something from a personal perspective, but make it still relatable to others as well. I didn't want to be specific to the point where it wouldn't be as relatable with that many people. Some of it is really specific and honest, and some of it's on a broader storytelling scale.

Right. And art tends to be very cathartic, so when you have to sing a very emotional song live again, do you think it helps you in getting over it or is it hard to get through because you're reliving it a little each time?

I think it's helpful, actually. I can understand that it could be hard for some people, but I guess it sort of depends where you are, as an artist, with that song. If I had, for instance, just written that song after going through a breakup, it might be difficult to perform it on stage. I think the emotions coming through makes the performance better, unless I started crying halfway through it [laughs]. Usually, as long as I have a little bit of perspective, in general it helps with the performance. I'm able to bring up the emotions and invest in the

Your new album is coming out January 21st. Why is it called "The Wishing Forest?"

onstage time more.

It's called "The Wishing Forest," because when I grew up in Vermont, we had this big backyard, which was more like a forest of acres and acres of land. Close to our house was this little cluster of trees that my little sister and I used to go down into and play around, standing on stumps and climbing trees. My dad called it the Wishing Forest, so we would go and pick a spot and make a wish for our

future, for tomorrow, or for whenever, and then we'd go on with our day. I found that a lot of the album had to do with wishing in one way or another. There's this one song in there called "Storybook," and the Wishing Forest comes up a lot in this song. So "Storybook," kind of ends up being the title track in this album, without actually being the title track.

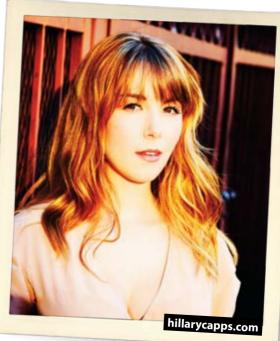
Do you have any plans for the future?

Well, once the album comes out, I want to start playing out of town more. I have a couple shows in Vermont leading up to the album in November and through New Year's Eve. Then I think I'm going to go to upstate New York and do a mini-tour around there. I'll go to South By Southwest in March, and then from there, probably over the summer, I'll take a couple weeks and do a couple more dates somewhere else in the country, probably California. I'm trying to branch out more, and not necessarily do a full, on the road, bus tour, but more of just a couple mini-tours. There'll be a couple fun dates to showcase maybe in Atlanta, maybe in LA.

Beyond that, I've never played out of the country before so I'd like to find something, maybe a cute little cafe in Europe or something.

Do you have anything that you would like to say to readers and fans?

I would just say keep your eye out, there'll be lots more coming up in this next coming year. For those people who've heard "New Melody" and relate to it, hold strong. We all feel the same way, trying to find a new melody one way or another, after a breakup or in finding a new job.



BY DRIVESAVERS

GYBER SECURITY

FOR COLLEGE STUDENTS

3 STEPS TO AVOID A HACK ON CAMPUS

With open-access campus WiFi, an abundance of personal devices are exposed to security risks around every corner. Getting hacked is a matter of when, not if, for most college students. In fact, Forbes calls 2013 'the year you get hacked.'

In time for National Cyber Security Awareness Month, DriveSavers Data Recovery prepared some tips for securing personal devices and avoiding hacks on campus.



USE A PASSWORD MANAGER

There's nothing like college to double – or even triple – the number of passwords you'll have. It's practically impossible to remember all the passwords you use when logging into various websites, which is why many people use the same password for many different websites. While it's convenient to use a single password, it defeats the purpose of having them. The best option, besides keeping a printed copy locked in a safe deposit box, is to use a password manager such as 1Password or LastPass.

ENCRYPT SENSITIVE DATA

The risk of theft on campus may be substantial, but encrypting data can protect you from an unwanted breach of security or privacy should your device become stolen. If you aren't sure where to get started, Lifehacker has a list of the five best file encryption tools – and, bonus, they're all free.

your data, such as photos, essays and research papers, is imperative. Make backups easier by automating the process with software. For added protection use the triple-redundant method: Back up locally to a hard drive or other media, back up to a secondary local device and take the media offsite; back up across a network to a server or online backup service. For added protection, encrypt your back ups too.

While these tips can help college campuses avoid a security breach, should you ever experience a data loss of any kind, the experts at DriveSavers are always available 24/7 to get it back.

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Tell me a little about OutlinesOutloud.

OutlinesOutloud is an app that converts your outlines, class notes, vocabulary lists and other material to spoken audio. It lets users view and listen to the content in any way that suits their study needs.

How can students use it?

The process is quite simple. First you create the content on a PC or MAC using OmniOutliner, OPML Editor or any other outlining application that saves the text in OPML format (most do – including several free online options). Then you save the finished content to Dropbox or the iTunes Iphone Documents window. The content will appear on the user's iPhone immediately, ready for listening. Listening to the app is operated the same way as listening to music on the iPhone.

student's learning style. Visual learners gain the benefit of an additional learning pathway that can help boost retention. Auditory learners who have a harder time studying from written notes or textbooks get what they need to help the lesson stick. And everyone gets the freedom to study 'on the go, without lugging around books or laptop. Just hit PLAY and start learning.

Why does this app stand out from the others that are similar to it?

OutlinesOutloud stands on its own - there are no other apps similar to it. There are apps that covert text to speech but they don't allow you to interact with the playback of your content. With OutlinesOutloud, students can rewind and fast-forward or start audio playback at any point simply by tapping on the appropriate line in the app's text view. (The app knows where to start the replay for rewind or fast-forward commands). Students can also

loop, pause, skip and customize playback to include or exclude specific sections – all with a tap or a swipe. No other text-to-speech program combines the power of interacting with text with the ease of using a music player

What have been some of the hurdles creating this app?

Getting the interface right. The hardest thing about designing software is deciding what to put in, and more important, what to leave out. Apple is a master at this. When you succeed, the user never thinks about the interface. They don't have to deal with lots of checkboxes or extra screens when trying to do the most important stuff – it's right there under their fingers. And they're not constantly saying, "Boy I wish this app did xyz," because, if it's important to the app's primary purpose, the app does it, and does it in an obvious way. I'd like to think we have done a pretty good job in this regard with OutlinesOutloud.

THINK BEFORE YOU POST>>



SOCIAL MEDIA HABITS YOUR FRIENDS HATE

BY KATIE M. MOSS

People join social media networks for a variety of reasons. Overall, the idea behind these communities is to stay connected with friends, acquaintances and loved ones. Interacting on these networks, like real life interactions, comes with a lot of social dos and don'ts. Here are some of the social media habits your friends hate:

STOP THE SELFIES

A UK study recently confirmed what many of us have been guessing for years: over-sharing on Facebook, especially in terms of "selfie" photos, really annoys others. As it turns out, people don't relate well to these types of self-portraits. On a similar note, over-sharing photos in general also annoys Facebook users. People do enjoy seeing your photos when they're interesting. Just don't go overboard.

ONLY SHARE CAUSES YOU'RE REALLY PASSIONATE ABOUT

Facebook advertising may be very effective, but it can also be really irritating. If you're constantly "liking" sponsored pages or posting photos that advocate particular causes or products, your friends are going to get tired of this "in your face" advertising approach. Keep your online support tied to causes and products that really move you. Sometimes, even if you aren't sharing this information voluntarily, Facebook is sharing it on your behalf to advertise to others.

TMI IS CALLED TMI FOR A REASON

No one wants to hear about your boring breakfast or your nasty cold. The worst offenders, perhaps, are people who post about their emotions (e.g. I'm SO mad at my boyfriend right now!) as if they're looking for a response. There's no need to share your angst with the world. If you'd like to discuss your feelings over Facebook, it's more mature to message a close friend in private.

OVERLY-APPARENT RELATIONSHIPS ARE LIKE SOCIAL MEDIA PDA

Being in love is a wonderful feeling, and it's understandable that you want to share it with the world. One or two sweets posts are acceptable – especially if they're warranted (e.g. your spouse surprises you with flowers "just because"). However, blasting social media sites with daily relationship updates can be a drag, and it may seem like you're bragging. Why not tell him or her how you feel in person, instead?

IF YOU'RE THINKING ABOUT UNPLUGGING, JUST DO IT

People have a tendency to tell others they're thinking about leaving social media networks because they're just "over it." There's no need to ask anyone's permission or attempt to get appalled reactions that you're leaving Facebook or Twitter for a few days, months or indefinitely. Just do it. If you're really committed, you don't need anyone else to approve of your decision.

MISLEADING PHOTOS DON'T ACTUALLY DO YOU JUSTICE

Do you know someone who is overweight? Maybe a friend who has body image issues? Unfortunately, we all know someone who consistently posts misleading social media photos that don't represent how they look in real life. These kind of photos lead to awkward looks and conversations in-person, and they show that the user isn't comfortable enough with themselves to show off the real "them."

KEEP YOUR WORKOUTS TO YOURSELF

People love hearing about big weight loss progress or healthy eating plans from time to time, but posting about your sweat session every day is unnecessary. If you run a marathon, good for you! Feel free to post a photo, but don't check into the gym or post your running time while you're training for it.

These are only the beginning of the social media no-nos that you should avoid online. As a general rule, if you would find a post annoying, don't post it yourself. Be mindful of others, and remember that your social media presence is a huge part of how people perceive you as a person. Post quality content that represents you in your best light and that others will enjoy.





When you see it around town...



...you'll say to yourself, "hey, that's the What's Happening Truck!"





What advice do you have for someone who is afraid of being judged at the gym or in a group fitness class?

There will always be someone prettier and someone uglier than you. There will always be someone skinnier and someone fatter than you. If you spend your life worrying about how others perceive you, you'll live a very unhappy life. You will never please everyone all of the time, but as long as you live your life the way you see fit and you can be proud to look at yourself in the mirror each day, that's all that matters.

do anything that others deem

"impossible," and I foster that

clients. "Say you can, and you

behavior at home with my own

children and in the gym with my

will." "If it doesn't challenge you,

it will not change you." "Nothing

worthwhile comes easy." These

are near and dear to my heart.

words hold true to my beliefs and

< SPIDERBANDS



When exercising in the cold, are there any health concerns we should look out for? What can people do to prevent getting hurt or sick while working out outdoors?

Layers are best. Often, people overdress prior to an outdoor workout because they anticipate extreme cold, but exercising generates a ton of heat. Dressing in layers is key. Your first layer of clothes should consist of a moisture-wicking fabric to draw sweat away from the body. Cotton tees are the worst. On top of that, you can add your sweats to keep you comfortable but not too warm - no puffy down jackets or heavy sweaters. During your workout, simply add or remove layers as needed.

Protect your extremities from the cold by keeping ears, hands and feet covered and warm. In cold temperatures, bloodflow is concentrated near your organs and away from your extremities, putting them at risk for frostbite. Also, be aware of your terrain! Don't go running at night in the dark on unfamiliar, uneven ground. Choose running paths that are smoothly paved and designed for running. If you are running in the daytime, protect your eyes with a hat or sunglasses and your skin with sunscreen; sunscreen is not only for the summer. When running at night, run in well-lit areas such as parks or streets with street lights. One uneven piece of ground can lead to a devastating fall.

What's the importance of a warm-up before a workout?

Warming-up gives you a better workout. When you go outside in the cold, your muscles are tight and bloodflow to the extremities is diminished. Warming-up with either static or rhythmic-limbering stretches will increase blood flow to the muscles, making them more elastic and more receptive to growth. Beginning your morning jog without a proper warm-up can reap havoc on the body and possibly cause an abrupt tear to your muscles or ligaments.

Why do you think group fitness classes are a great way to get motivated?

Exercising alone or with a personal trainer definitely has some perks, but nothing can compare to the amount of energy that erupts in a group fitness class. With group exercise, the energy and drive by others around you can push you to work harder and soar higher. The music, the sweat, the people ... It's like a rock concert for your body and nirvana for your soul. I am definitely a little biased, as I am a HUGE group exercise advocate, but truth be told, when you're dragging your tired self to the gym at 8 a.m., you're definitely going to "bring it" when you have a herd of fitness gurus cheering you on.

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BY JOHN SCHECK

POST-IT NOTE® MODELLE STATEMENT OF THE STATEMENT OF THE STATE OF THE STATEMENT OF THE STATE

A few brief observations about life and that thing after it that some folks say will be cool but most of us do everything in our power to avoid. Why else would anyone go to a spinning class?

LIKE MANY OF YOU, I OFTEN ASK
MYSELF WHETHER I'M TAKING
ENOUGH CHANCES IN LIFE OR IF
I'M AVOIDING RISK AT ALL COST.
THERE MUST BE A MIDDLE GROUND
BETWEEN JUST GOING WITH THE
FLOW AND THE POLICE HAVING
TO IDENTIFY YOUR REMAINS BY
EXAMINING DENTAL RECORDS.

*SIGNS THAT YOU ARE IN A HOTEL WHERE YOU SHOULDN'T DIE:

1) Kids playing hopscotch on homicide chalk outlines in parking lot

2) What sounds like an amateur version of West Side Story is really turf war in the street out front between crack ho's, teenage runaways and meth dealers

3) Last occupant used complimentary iron to make grilled cheese sandwiches

4) No HBO

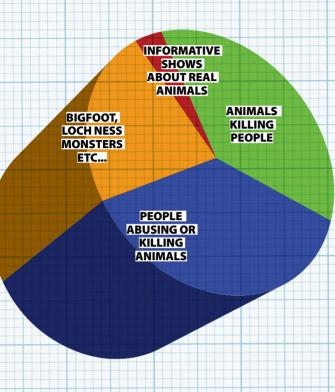
IT'S OK TO STAY IN A CHEAP HOTEL* BUT JUST DON'T DIE THERE, MAN. IF YOU DO THEN THAT'S ALL ANYONE WILL EVER REMEMBER ABOUT YOU UNTIL THE END OF TIME. YOU COULD INVENT A CURE FOR RACISM BUT ALL ANYONE WILL SAY ABOUT YOU AFTER YOU'RE GONE IS, "DIDN'T HE CROAK IN A CHEAP HOTEL ROOM?" ON THE OTHER HAND, IF YOU'RE IN AN EXPENSIVE HOTEL THEN, BY ALL MEANS, GO NUTS. ATTEMPT A SWAN DIVE INTO THE POOL FROM YOUR BALCONY OR USE A HAIR DRYER IN THE TUB; PEOPLE WILL SAY YOU WENT OUT WITH STYLE.

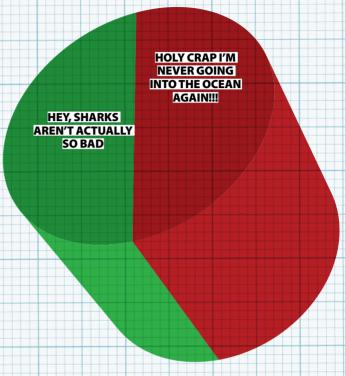
WHENEVER I CUT MYSELF I ALWAYS
GRAB A STACK OF STATIONERY
AND WRITE MY SIGNATURE ON AS
MANY SHEETS AS I CAN BEFORE IT
COAGULATES BECAUSE I THINK THAT
IN THIS ERA OF TEXT MESSAGES
AND TWITTER, PEOPLE STILL
APPRECIATE A DESPERATE, HANDWRITTEN LETTER SIGNED IN BLOOD.

I'VE REACHED THAT
AWKWARD, UNCOMFORTABLE
AGE WHERE I'M TOO OLD FOR
TEQUILA BUT I'VE LISTENED
TO WAY TOO MUCH MEXICAN
RANCHERA MUSIC TO EVER
STOP BELIEVING THAT
TEQUILA GIVES ME
SUPERHERO POWERS.

ANIMAL PLANET PROGRAMMING

THOUGHTS DURING SHARK WEEK

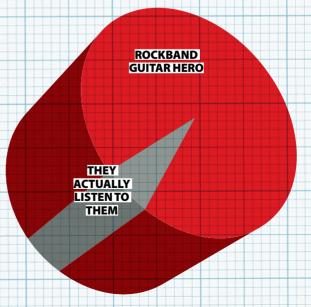




WHY I AM NOT TANNED

REASONS TEENAGERS TODAY KNOW THE LYRICS TO CLASSIC ROCK SONGS





I DON'T TAN EASILY



ZUMBA

PROS: GREAT FOR BEGINNERS, FUN GROUP SETTING

As a formally-certified Zumba instructor, I really had an inside look at this fitness fad. If you're unfamiliar with Zumba, it's a set of dance fitness programs originally created by "Beto" Perez in the 1990s. Zumba incorporates a number of different dance styles, including samba, hip-hop, salsa, mambo, merengue, etc., but it's predominately Latin dancebased. Some typical aerobics and strength training moves like jumping jacks and squats are also included.

Zumba classes are usually an hour long, and there are currently eight different types (Zumba Toning, Aqua Zumba, etc.) designed for particular ages and exertion levels. The class is led by a certified instructor, who has the class follow along with his or her dance moves. You don't have to be an expert dancer to get a great workout. You simply have to be enthusiastic and come ready to have fun!

CROSSFIT

PROS: COMMUNITY ENVIRONMENT, WILL PUSH YOU TO YOUR LIMIT

CrossFit was founded by Greg and Lauren Glassman in 2000, and it focuses on strength and conditioning for overall fitness. Every day, the Glassmans post a workout on their website. These workouts are intense, short (usually under 30 minutes) and demand a person's full mental and physical commitment. Exercises include a mix of aerobic exercise, Olympic weight lifting and body weight exercises. These could include jumping rope, sprinting, carry heavy objects and climbing rope.

Participants in the CrossFit program often form close communities and make CrossFit a part of their overall well-being by adopting a paleo diet. CrossFit also advocates minimalist footwear. Though the daily workouts can be extremely challenging, it is scalable for beginners, as it focuses on self-improvement with each WOD (Workout of the Day).

P90X

PROS: CAN DO IT RIGHT AT HOME, SET YOUR OWN PACE

Looking for convenience? P90x is a home exercise routine designed to be extremely convenient for its users. It comes paired with a specific diet regimen, and it's designed to last 90 days. P90X was invented by Tony Horton in 2003 and uses a number of different exercises such as yoga, cross-training and martial arts. Each day (and DVD) holds a new and exciting workout, so things never get repetitive. Because the classes are all on DVD, it's easy for beginners to take a break when they become tired. It is important to note, however, that many of the exercises are quite intense.

There are pros and cons to each of these fitness plans. Having taken all of these classes, it's hard to choose a favorite, but if you're looking for a program that you can really turn into an overall fitness lifestyle, CrossFit could be the best fit for you. That is, of course, as long as you're willing to push yourself harder and feel better than you ever have before.

LA COMIDA LOCA

(BASED ON A TRUE STORY)

I think that all of us have one particular dish that makes us lose control of our humanity when we're eating it. We all have one food that we devour like a starved wolf ripping apart a deer carcass. Whenever I eat fried chicken I always hire a professional Heimlich Maneuverer to watch over me and it's been money well spent. There are several foods that I wouldn't want to see myself eating and my apologies to any of you present during my consumption of popcorn, nachos, fries, chips, sunflower seeds, hot dogs, and wings. If any sort of pork product is on the menu and you're dining with me, I'd suggest that you wear a raincoat.

The trouble is that this food over which we have no control is never something we should be eating in large quantities ... if at all. Even after I had just finished a 60-day hunger strike I doubt that I'd eat more fresh fruits and vegetables than the doctor ordered (the only reason I eat them at all). That same fictitiously skinny hunger striker would eat his weight in corn chips and guacamole with extra sour cream. I think that it's wonderful if you binge on healthy food but remind me to decline your offers to have me over for dinner. I'm trying to cut down on my kale.

This reminds me of a story about an alcoholic who was asked about how much he drank. "All of it," he answered. Should I be in a food binger step program? Some people have a weakness for chocolate and they'll eat all of it in the house – no matter how much – without so much as coming up for a breath of air. I'm not going to point any fingers because I'm going to let you in on a little secret. People ask me whether or not I like cold pizza and I tell them that I don't know because I've never had any leftover pizza to put in the fridge. I'd probably eat everyone else's discarded crusts tossed into the box if no one were looking. I'll tell that pathetic story at my first meeting.

After releasing her debut album, "Confessions of a Songbird," in the beginning of last summer, singer-songwriter Kristen Errett took off on a college tour to further spread her sound and music. The piano pop/soul performer draws from influences like Stevie Nicks, Carole King and at times, Fiona Apple and Tori Amos.

INTERVIEW BY DANIEL SUTPHIN

CONTROLLING YOUR CRAFT

WITH SONGBIRD KRISTEN ERRETT

Combining elements of Jazz and Soul, Errett creates a piano-pop driven aural sound that is both soothing and moving. Campus Talk caught up with Errett to discuss her music, her influences and writing process, as well as the path that led her to the musician and artist she is today.

How did you get started in music?

I started in music when I was about eight. I got involved in local theater and then started playing the piano and just fell in love with songwriting.

What made you decide it was something you wanted to pursue as a career?

When I realized I wouldn't be happy doing anything else. It's not an easy career to pursue so you really have to love it.

Do you write mostly on piano? What's the process usually entail?

Yes, I always write on the piano. It usually starts with a title. I come up with a title and a general concept and then I sit down at the piano and come up with music for it. Sometimes it's just a little intro or a progression for the chorus and then I build it from there. The actual lyrics come last. I think that once you have a really strong title with a melodic idea and progression, your 90 percent there.

What's your favorite part of writing, creating and performing music?

My favorite part of writing is when the song is done and I feel proud of it. My favorite part of creating is that feeling I get when I'm driving in my car and I have an idea and all I want to do is get home so quickly so I can go try it out on the piano. My favorite part of performing is meeting new people and interacting with everyone after the shows.

From what/where do you draw the most inspiration and why?

I draw the most inspiration from things that I think will help other people. I want to sing about it if I think someone else could take something away from it.

You've been traveling on a college tour most recently, do you stick to more college-oriented venues for a particular reason?

Yes I do. I have the most fun at college gigs! I only did one year of college so I love being able to come to campuses and interact with the students. Makes me feel like I didn't miss out because I'm able to come back.

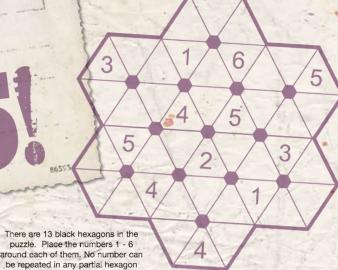
dreams" statement, what advice would you give to up-and-coming artists out there?

Always ask someone WHY they want to work with you. If you're good, you'll get approached a lot. It's very easy to get excited when someone tells you they want to jumpstart your career but there are a lot of sharks out there who want your money.

I once asked a music manager who expressed an interest in me, "Why do you want to work with me?" He said, "I think you're a great songwriter and I loved your new music video," but I hadn't released a music video yet.

Listen to your gut and do what's best for you. Nobody in the world will ever care about you and your career as much as you do. It's a hard truth but once you realize it, it's freeing. You're in control and anything's possible.





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SNOWFLAKES

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63 Cordial 68 Take a dip

70 1982 hit for the Alan Parsons

Project 74 Funny Jay

of silence

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- 16 Tattoo fluid
 19 Port south of
 Milan
 20 Milan opera 61 Moves on
- house
- 21 "Citizen X" star Stephen 22 "Oh, give — home ..." 23 1988 hit for
- Breathe 25 LAX letters
- 26 Poor review 27 Co. kingpin 28 1972 hit for the O'Jays 31 Water color 34 Answer an
- invite 38 Dot-39 Invention's
- origin 40 1974 hit for John Denver 47 "Evita" star LuPone
- 48 "Sugar, Sugar, Sugar, group, with "the"
- 50 1975 hit for
- 92 Sue Grafton's "-Undertow" 93 Statistic in a

- 94 Mentions 96 1976 hit fo Fiton John
- and Kiki Dee 102 Gulf country 103 Lago feeder 104 "— I say!" 105 Assassinate
- 106 1994 hit for Boyz II Men 112 Biblical suffit 114 Cotillion girl
- 115 Always, in a sonnet 116 1985 hit for Tears for 69 Jazzy Horne
 - Fears 123 Before, in a
- sonnet 124 Brow's curve 75 Eons 76 Absorption process 77 Mafia's code 125 Goddess of the hunt 126 With 6-
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 83 "— Dieu!"

 100 One who's hardly sainth hardly saintly
- 85 2000 hit for
 - 1 "Disgusting!"
 2 Museum-funding org.
 3 Raggedy 4 Web feeds

- 51 Tranquility 52 Linden and Prince charge 6 Fatah's gp. 7 Check 5 Stun with a
- 53 Supermode Cheering cry 8 Jargon suffix 9 Antiunionist

37 A little, in

46 Piece of

mail: Abbr.

- Wek Hard rock 54 subgenre Most of the 10 Volcano flow 11 Certain util. 12 Pull sharply 1990s.
- politically 56 Person from Pago Pago 57 Harshly 13 Retort to "Am not!"
- 14 Brand of fiber powder 15 Swedish car 16 Hamper 17 Not so far
- 57 Harshly bright 60 Dot in a lake 62 Bit, as of salt 63 Point a rifle 64 Trio before P 65 "TGIF" part 66 Yellowfin tuna, on some menus 57 Wanna-18 Olathe locale 24 "Crucify" singer Amos 29 Learning inst.
- 30 Offers some me 31 Cleo's doom 67 Wanna-(imitators) Baseballe 32 Somewhat within the Eddie or Footballe 33 Messy state 35 Copy a cur 36 Border (on)
- Fielding 72 Book before Job: Abbr 73 Long ago music Blackjack request 78 Be a sponge 80 Ailments 42 Bruins' gp.
- 81 Actor Mortensen 82 Abnormal 43 Prefix with life or wife

 44 "— -haw!"

 (rodeo yell)

 45 IRS form into plant swelling Freak (out) "Botch--" (1952 hit)

- 87 Narrow estuary 88 Jan. b'day honoree 89 Six, in Italy 90 Mage's stick
- 91 Lower pastry crust
- rust
 Reader
 (bimonthly
 magazine) 92 95 Hog's place
- 96 Some electron tubes 97 Really testy 98 Hauled in
- 99 Satirical dictionary Ambrose 100 Diviner's tool 101 Belgian
- 107 Not messy 108 Genghis 109 Stout's Wolfe 110 "... could — horse!"

113 Fare-well link

- 117 Texter's "Wow!" 118 "C'est la —!" 119 Class for
- aliens: Abbr.
 120 Longoria of
 the screen
 121 Kindled 122 Vane abbr.



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answers are on page 79



LTOI WEUB 016J DEGIUB, BLI NEB ZTBFEZTW LFHIG Ö -BE FD

FZ

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GTZNIGU

CRYPIO QUOTE

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample, **A** is used for the three L's, **X** for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

OVPM VI IBOOVUM PKZJD S

KVNB ZM VJOL TVVR PV

XVGGVU NVJBL VJ.

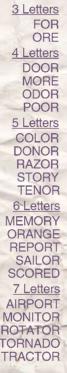
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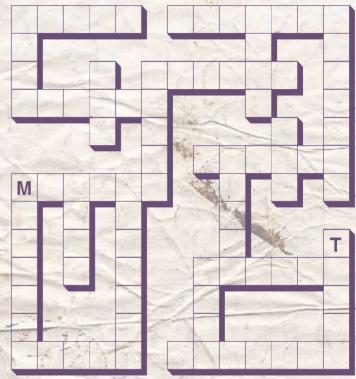




CRISS CROSS

Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.





WISHING

WELL

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

5	7	6	3	4	3	8	4	8	5	4	8	2
E	N	Α	Α	F	L	E	Е	X	Т	E	Р	В
7	4	5	4	7	4	8	3	5	2	4	5	6
E	L	E	1	W	N	E	0	R	U	G	N	S
2	7	8	4	7	4	2	3	-8	4	5	7	2
L	R	С	S	Е	R	-	V	T	U	Α	P	D
3	6	8	-3	2	4	6	5	7	4	7	2	4
E	S	S	Α	В	N	1	L	L	D	Α	R	E
2	8	2	7	4	7	6	5	6	4	5	6	7
1-	U	D	C	Е	E	S	L	T	Р	0	L	S
6-	5	2	3	8	7	8	5	3	- 6	8	6	8
0	V	G	F	R	0	P	E.	·E	V	R	E	1
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L	S	E	D	D	0	Α	E	N	L	S	R	E

STICKLERS

Here's a "trickledown" puzzle. The rules are simple; you merely change one letter on each line to make a new word and continue until you reach the final word.

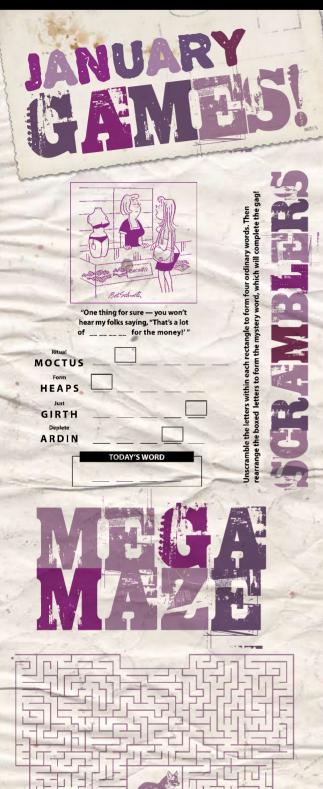
EXAMPLE: COAT ANS: COAT COST CAST CASE

VASE CASE VASE

Now, try this one. Remember, there may be more than one answer.

START

CHOSE



WORDEUN

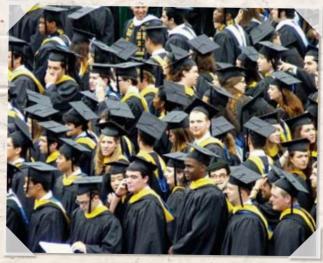
NLRJHFDBZXKE IRGROU OMKENALRIAFLR HFDBZYFWBYTE QONLKNERW IHFDGNIRIAFFFC YAWRIAFTNOMRIAF FVUSRQVIONN HFAESSENRIAFSDF

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Affair Fairground Fairbanks **Fairies** Fairfax Fairing Fairfield Fairlane

Fairmont **Fairness** Fairytale Fairywren

Funfair Savoir-faire Unfair





USE THIS SPACE FOR TI(TA(TOE, OR ANYTHING ELSE YOU (AN THINK OF TO SPARE THE BOREDOM OF (LASS!



Events in Gainesville

Jan. 4: Living History Days at Morningside Nature Center Guided Walk at Kanapaha Botanical Gardens Guided Tours of Historic Haile Homestead

Jan. 10-12: Ringling Bros. & Barnum & Bailey Circus

Jan. 11: Moscow City Symphony at the Phillips Center

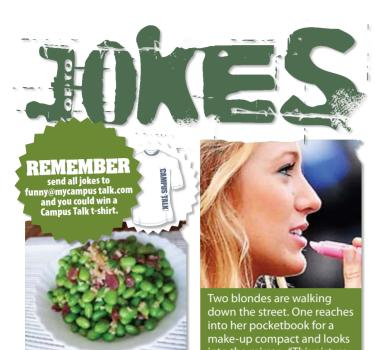
Jan. 18: 'The Summer of Love' at the Phillips Center

Jan. 25: Guided Tours of Historic Haile Homestead

Jan. 25, 26, 31 & Feb. 1-2: Hoggetowne Medieval Faire

Spring is an exciting time to be in Gainesville. Between UF sports, concerts and art festivals, there's always something to do. So take a break from campus and get out and about in Gainesville. For more information and a complete listing of events visit our website.





looks like someone I know,

she says. The other one has a look and says, "Of course, dummy, it's ME!"





Q. What is forty feet long and has eight teeth?

A. The front row at a Willie Nelson concert.

Q. What has four legs and no ears?

A. Mike Tyson's dog.

Q: What did the hitman tell his protégé? A: Aim for the stars... but first aim for their bodyguards!



Marriage is a three-ring circus: an engagement ring, a wedding ring **and suffering**.



A redheaded mom walks into her daughter's room, finds a beer bottle and says, "I never knew my daughter drank!"

A brunette walks into her daughter's room, finds a pack of cigarettes and says, "I never knew my daughter smoked!"

A blonde mom walks into her daughter's room and finds a condom. She says, "I never knew my daughter had a penis!"



What do vibrators and

soybeans have in common?
They are both great
substitutes!

LOOKING FOR THE FRESHEST SEAFOOD? BALLYHOO GRILL IS THE PLACE FOR YOU!



We serve the freshest seafood, steaks, oysters, and sushi. We prepare everything from scratch from our salad dressings to our award-winning soups.







SCREEN TVS

SONGS AND STRATEGY >>



FIRDING FULFILLMENT

WITH ROCK/FOLK BAND STARNES&SHAH

It's common to join a band when you leave home for college. To see that band come to fruition and succeed is not quite as such. Up-and-coming folk/rock duo Starnes&Shah met at Sarah Lawrence College in 2004, forming the band the following year. Since then, they've moved to Boston only to return to New York to further their music, as well as work and attend graduate school.

Comprised of Dania Abu-Shaheen (guitar/vocals) and Zilpha Starnes (keyboards/vocals), Starnes&Shah released their fourth full-length album "Shilling for Dreamtown" near the end of 2013. The 12-track album features the previously released single "24 Million" and the newer single "Gatling Girl." The album explores themes of loss, new beginnings and the journey of indie musicians, combing poetry, rock and roll, and intertwining harmonies often resembling the songwriting duo behind Heart, Ann and Nancy Wilson.

CT caught up with Starnes&Shah to discuss their influences, their new LP and their songwriting process, as well as finding the balance necessary to succeed as musicians and students.

What made you decide to start Starnes&Shah?

Zilpha: We've both been involved with music since childhood. Dania started her first band when she was 13. By 15, she was organizing concerts and music festivals for her band and other musical acts in rural Northern Lebanon, where she grew up. Back in Texas, I got my start singing and performing in church, school, and local theaters. We both continued to make music in college, where we met. The first time we sang together, we knew our voices harmonized well - the blend felt unique, and we wanted to share that with people.

How was it balancing school, work and music?

Zilpha: Well, we're still doing it so I guess it can't be that bad! I am in graduate school now, and I keep up with both a full time job and the band. It is a tough balancing act, but the key is prioritizing. You have to know when certain activities need to be the primary focus and when others need to be put on the back burner. You can't do it all if you insist on doing it all at once, but you can do it all if you're a strategic time manager.

Have you always been stationed in New York?

Dania: For the most part, yes. We started in Astoria in New York City as a folk duo. After two years, we added keyboards, played by Zilpha, and drums. Once the drums came into the picture, we knew we wanted to continue to grow our sound into something bigger. Still, the folk circuit in New York had become a comfort zone for us, and we felt stuck in a creative holding pattern. So, we packed everything up and moved to Boston for a year.

There, we expanded the band to a four piece, released our second album and got a lot of shows under our belt. After our New England stint, we felt that we were ready for the next level of New York's music scene. We've been back in New York ever since.

You're quoted as saying this is the most honest album you two have done so far, what sets Shilling For Dreamtown apart?

Dania: My songwriting is mostly story telling, and in our previous records, the number of stories I told about others was greater than the number I told about myself. Zilpha and I have been through a lot together, personally and musically. With this record, I wanted to share our story; what it's like to be us as working women and loyal partners saying goodbye to our twenties and learning how to keep music close to our hearts in the face of real life events: Tragedies, jobs, budgets etc.

SONGS AND STRATEGY

Zilpha: In the past, we both tended towards a black and white philosophy on life and happiness - a very "all or nothing" approach. But, time throws you curve balls and if you're lucky, your interests, needs, and goals aren't simple. "Shilling For Dreamtown" is about a big realization we had as people and indie musicians: Fulfillment doesn't come in one form. We spent a lot of time trying to keep up with a life we thought would be a dream, when the life we had was pretty awesome all along. We're happy to be singing anywhere, anytime, and to anybody. When you're a struggling musician, it's easy to lose sight of the things that just make you happy. You're too busy striving for "success" when you haven't really even defined it for yourself yet. Learning to define success for ourselves was a major milestone. We're a lot less high strung now!

How would you describe your writing process?

Dania: I like to mix it up. Because I balance work and music, I've learned to be very flexible with the way I write. Sometimes, the words come first in the form of a poem. Other times a wordless melody will drift into my head as I'm walking to the train station. If I still remember the melody by the time I've gotten home, I know it's good. I've also used the more traditional approach of spending time alone in a room with my acoustic guitar and getting inspired by writing licks or guitar parts that then grow into songs.

The songs are there – there's no one way to get at them!

It sounds like you have Heart and even some Rush influence in the vocals and music. Were they, or was that era, a big influence on your music?

Dania: I'm a big fan of Heart. I only started listening to Rush after a drummer friend recommended them. He was convinced I'd like them, and I do! I also love the fact that they have such a loyal and diverse listener base. My biggest influence as a songwriter has been Noel Gallagher from Oasis. When I discovered them, I was really drawn to the idea that very basic rock songs could have such an intense power and universal appeal. Oasis also attracted listeners from all walks of life and all ages; I was inspired by that quality. As I grew older, I found that I have an affinity for musical drama. I want music to be evocative, vast, and varied. I think a good song can cut right through the taste barrier and appeal to any listener.

To find more news and notes on Starnes&Shah, go to:

starnesandshah.com

facebook.com/starnesandshah

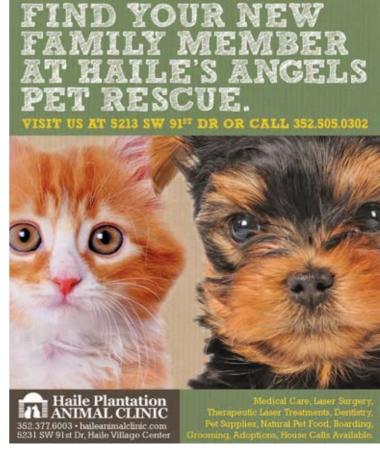
Stream Gatling Girl here: Stream 24 Million here:

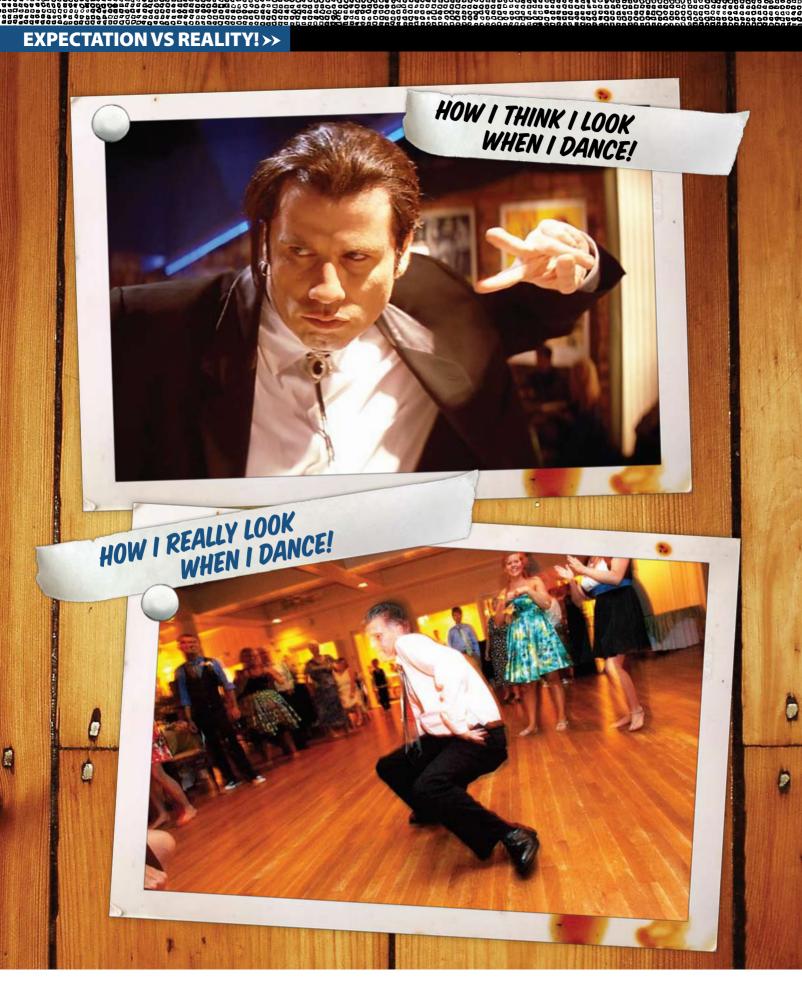


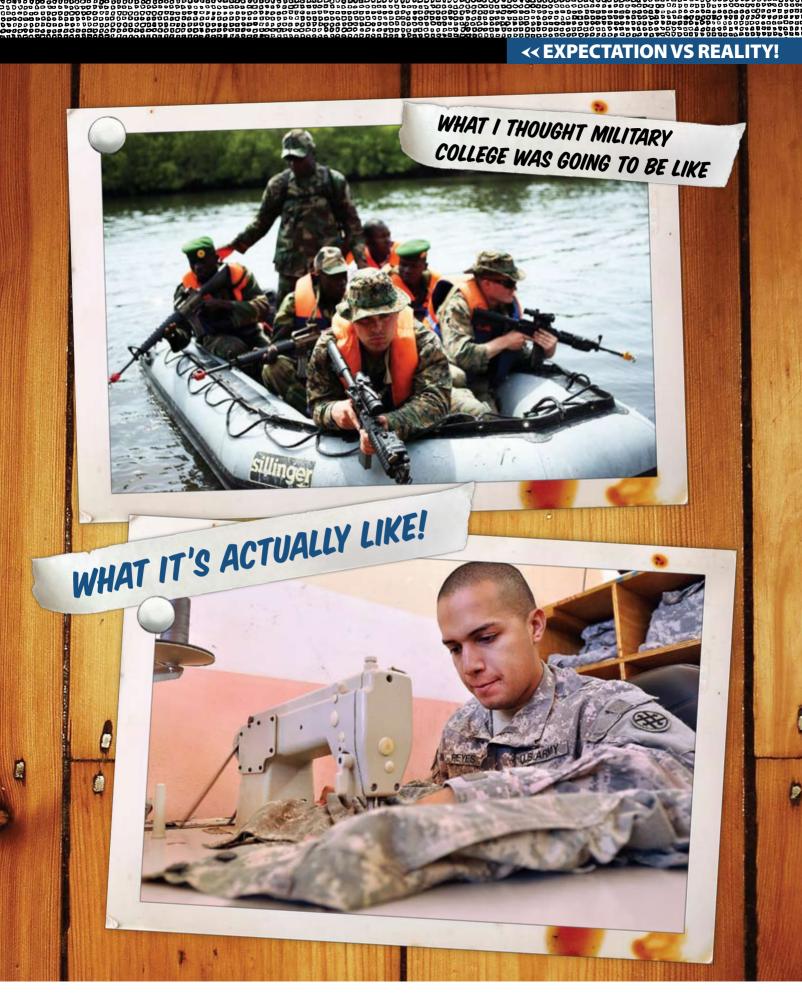












BY CHAD SQUITIERI

EAT LIKE A KING ON A STUDENT BUDGET



College is a time of late nights and skinny wallets. After spending so much money on "books and classes," a college student generally decides what's for dinner by determining the best thing they can buy with loose change from around the house. Just because you may be lacking in the money department doesn't mean you can't eat like royalty. Here are two quick, cheap ideas on how to make some gourmet grub in your dorm or apartment.

CHICKEN COLLEGE BLEU

For some reason, whenever I think of a fancy dinner I think of chicken cordon bleu. Maybe it's because when I ran out of money backpacking Europe, I had to pretend to be a famous international chef and work in a French restaurant until they realized I couldn't cook. Or maybe it's just because chicken cordon bleu is delicious. Regardless, you can make it on the cheap.

breast at the store, or in case your bank account is really running low, you can just grab one of those value menu chicken breast wraps sold at fast food restaurants and use the piece of chicken in that. You're also going to need a slice of cheese and a slice of ham. Try to pound out the chicken (or fake chicken if you went the fast food route) as much as possible. Putting the chicken between two sheets of plastic wrap and pressing it out with your hands should be fine. Then place the cheese down on the chicken, followed by the ham. Fold up the chicken with the ham and cheese inside and place a toothpick through it to hold it together.

Now the last thing you will need is a bag of shake and bake bread crumbs, or once again if you can't spare the extra change you can grab a few salad croutons and pound those up. Coat the chicken with the breadcrumbs, throw it on the grill or stove and cook it until it is safe to eat. You're welcome.

It's safe to assume that half of a college student's meals over their four years at school will include pizza. Despite the sheer volume of the cheesy, delicious pie, it's hard to argue that it doesn't hit the spot every time. Sometimes those delivery charges can hit the wallet kind of hard though, and for that the only solution is the poor student's pizza.

You will need some English muffins, cheese, pasta sauce, and whatever topping you would normally eat on a pizza. In my opinion it isn't pizza if there isn't pepperoni, but do as you may. Cut the English muffin in half and spread some pasta sauce on each half. Then sprinkle some cheese on top as well as your desired toppings. You now have two mini pizzas. Throw them in the toaster oven or microwave for a few seconds and you're done. If you don't have English muffins you can accomplish pretty much the same thing by using a few of those buttered round crackers instead.

<< WORDS OF WISDOM

42.7% OF ALL STATISTICS ARE MADE UP ON THE SPOT

BORROW MONEY FROM PESSIMISTS - THEY DON'T EXPECT IT BACK

A CONCLUSION IS THE PLACE WHERE YOU GOT TIRED OF THINKING.

IF BARBIE IS SO POPULAR, WHY DO YOU HAVE TO BUY HER FRIENDS?

I INTEND TO LIVE FOREVER SO FAR. SO GOOD

OK. SO WHAT'S THE SPEED OF DARK?

I'D KILL FOR A NOBEL PEACE PRIZE

THE EARLY BIRD MAY GET THE WORM, BUT THE SECOND MOUSE GETS THE CHEESE

THE PROBLEM WITH THE GENE* POOL IS THAT THERE IS NO LIFEGUARD

EXPERIENCE IS SOMETHING YOU DON'T GET UNTIL JUST AFTER YOU NEED IT.

THE HARDNESS OF THE BUTTER IS PROPORTIONAL TO THE SOFTNESS OF THE BREAD.

WHAT HAPPENC IF YOU GET SCARED HALF TO DEATH TWICE?

WHY DO **PSYCHICS HAVE**

MY MECHANIC TOLD ME, "I COULDN'T REPAIR YOUR BRAKES SO I MADE YOUR HORN LOUDER

> WHEN **EVERYTHING** IS COMING YOUR WAY. YOU'RE IN THE WRONG LANE

TO ASK YOU FOR PROFOUND YOUR NAME? SAYINGS FROM A WISE MAN

HALF THE PEOPLE YOU KNOW ARE BELOW AVERAGE

TO STEAL IDEAS FROM ONE PERSON IS PLAGIARISM: TO STEAL FROM MANY IS RESEARCH

A CLEAR CONSCIENCE IS USUALLY THE SIGN OF A BAD MEMORY

IF EVERYTHING

SEEMS TO BE

GOING WELL. YOU

HAVE OBVIOUSLY

OVERLOOKED

SOMETHING

AMBITION IS A POOR EXCUSE FOR NOT HAVING ENOUGH SENSE TO BE LAZY

DEPRESSION IS MERELY ANGER WITHOUT ENTHUSIASM

ALL THOSE WHO BELIEVE IN **PSYCHOKINESIS** RAISE MY HAND

IF YOUR CAR

COULD TRAVEL

AT THE SPEED

OF LIGHT, WOULD

YOUR HEADLIGHTS

WORK

A CONSCIENCE IS WHAT HURTS WHEN ALL YOUR · OTHER PARTS FEEL SO GOOD

EVERYONE HAS A PHOTOGRAPHIC MEMORY; SOME JUST DON'T

IF YOU WANT THE RAINBOW YOU GOT TO PUT UP WITH THE RAIN

HAVE FILM.

THE COLDER THE X-RAY TABLE, THE MORE OF YOUR **BODY IS REQUIRED** TO BE ON IT.

A PSYCHIC GIRLFRIEND. BUT SHE LEFT ME BEFORE WE MET

I ALMOST HAD

IF AT FIRST YOU MORE TIME DON'T SUCCEED. YOU'LL HAVE DESTROY ALL **EVIDENCE THAT** YOU TRIED

THE SOONER YOU FALL BEHIND, THE TO CATCH UP.

HARD WORK

PAYS OFF IN

THE FUTURE.

LAZINESS PAYS

OFF NOW

HOW DO YOU TELL WHEN YOU'RE OUT OF INVISIBLE INK?

99% OF LAWYERS GIVE THE REST A BAD NAME

EAGLES MAY SOAR. BUT **WEASELS DON'T** GET SUCKED INTO JET ENGINES





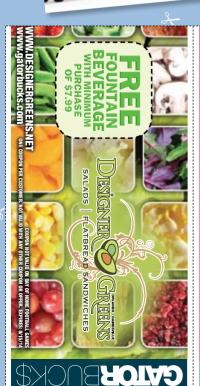






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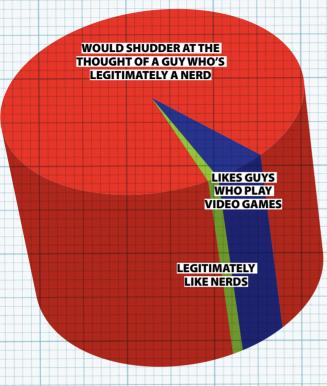


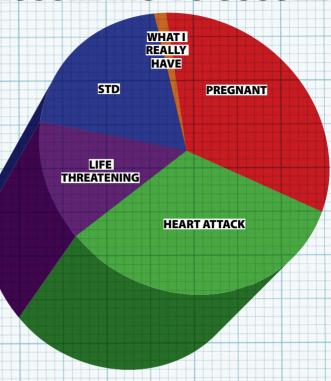




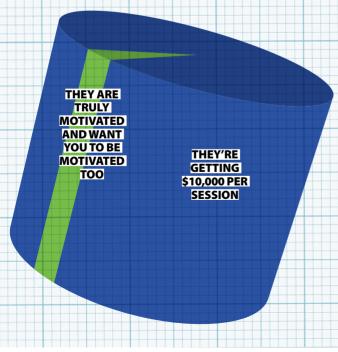


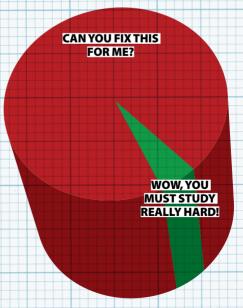
GIRLS THAT SAY THEY MEDICAL ISSUES LIKE NERDS ACCORDING TO GOOGLE





WHY MOTIVATIONAL HOW PEOPLE REACT SPEAKERS SOUND SO WHEN THEY KNOW I'M MOTIVATED AN ENGINEERING MAJOR









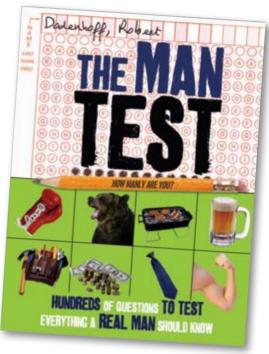
THE MAN TEST: MORE THAN JUST FLEXING MUSCLES Married white Spinster, when Manual — Onto ann. States of the part of DOOR NAME ADMAINS :NOLL (April 2000) animas (April 2000) animas (April 2000) (9991) animas (1999) animas (1999) (9991) animas (1999) anima -sldeveq sinuosse to blaft grinis and midnin notized a niedo KEZNWE

HOW MANLY ARE YOU?

In our modern, technological society, it's not uncommon for an adult male to have, um, "overlooked," and/or "missed out," on many of the common skills associated with traditional "manliness."

Author Robert Dodenhoff breaks down many of those skills in an ultimate test of manhood. Never mind sports stats and useless action movie facts, in "The Man Test," Dodenhoff challenges your knowledge with real categories that make a man, from finance and negotiation to etiquette and domestic skills.

YOU CAN FIND THIS TEST AND MORE WHEN YOU PICK UP "THE MAN TEST" AT AMAZON.COM FOR \$12.99.



The Man Test: Your Résumé

What is the recipe for successful achievement? To my mind there are just four essential ingredients: Choose a career you love, give it the best there is in you, seize your opportunities and be a member of the team. - Benjamin F. Fairless

- 1) The primary purpose of a résumé
 - A) Get you a job
 - B) Get you an interview
 - C) List your accomplishments for an employer's consideration
- 2) (True/False). In the Professional Objectives section of your résumé, it's okay to list several different career objectives.
- 3) (True/False). Your GPA is a 2.8 (out of 4). You should not reveal this on your résumé.

- 4) (True/False). As long as you look presentable, it's important to include a photograph either on, or with, your résumé.
- 5) When describing your past job experience, it's best to use what type of words, and why?
 - A) Nouns, as you should stick solely to the facts
 - B) Action verbs, as they imply accomplishment
 - C) Adjectives, as they describe how you went about your job
- 6) (True/False). You don't need to list all of your work experiences on a résumé.

- 7) The most important feature of an electronic résumé is
 - A) The use of keywords
 - B) Inclusion of references
 - C) Absence of formal formatting
 - D) Exclusion of a picture
- 8) (True/False). It's okay to send the same résumé to different companies.
- 9) (True/False). It's acceptable to simply print "References are available upon request" rather than listing them on your résumé.

9) True. It's acceptable to simply print,

the first screening process and perhaps get yo an interview. Conversely, if you don't have the right keywords, your résumé is likely to get management, financial reports, Excel inventor relations, Word, team building, etc. Using the abilities. Examples of keywords are sales, experience, education level and any A) A. The use of keywords. Keywords are words phrases that employers search for to screen th right candidates for a job. They describe your

pertinent to your current job search 6) True. This is especially true if past jobs are not

- customer relations

 Consolidated two departments into one
- by 50 percent

 Developed computer program or better
- Created cost-cutting program that savethe company \$1 million
- Doubled sales from previous year

did I solve at my previous job?" Then, list th

3) True. The last thing you want to do is highlight mediocrity in your résumé.

2) False. If you're considering more than one career, compose a different résumé (and professional objective) for each one.

é is to spark enough interest so they'll want to screen applicants personally before hiring decision. The primary purpose of your

Answer Key:



ITEM



POWERED BY COLLEGERENTALS.COM

Tips & Checklist

BEFORE YOU SET OUT: MAKE A SHOPPING LIST.

Are you looking for hardwood floors, dishwasher, washer and dryer? Do you have enough parking space for you and your roommates? Does the whole apartment need to be painted in orange and blue? You may not find everything, but it doesn't hurt to set priorities.

COVER THE BASES.

Many landlords will want to verify your references. Phone ahead to alert possible references, including your former landlord, that they may receive a call.

DURING THE SEARCH:TRY TO SEE THE UNITS IN THE DAYTIME.

You'll want to know how much natural light an apartment gets. It's helpful to see what shape the place is in and whether more work is needed to make it habitable.

DO A CAREFUL WALK-THROUGH OF ANY UNIT YOU'RE SERIOUS ABOUT.

The best time to ask about repairs and improvements is before you commit. Attach a list of any damages to the lease, and have it initialed by your landlord so you're not held responsible later. This is especially important in a college town. Who knows who may have lived in the apartment before you!

TAKE MEASUREMENTS.

Take measurements of your larger furnishings (and take along a tape measure) to see how your things will fit... or what things you'll need to buy. Be realistic about the move. If you have a king-size waterbed, maybe the fourth floor isn't the best spot for you.

ASK QUESTIONS.

The College Rentals Apartment Tips & Checklist provides a thorough list of questions to ask.

MEET THE NEIGHBORS!

Will you live above or below someone; do you share walls? Knock on doors and introduce yourself. Find out if neighbors are friendly, how they feel about noise, what they like about the neighborhood. This is a good person to ask about the safety of a neighborhood. Landlords aren't allowed to discuss such things, but your new neighbor will know if the place has bad lighting or a wild Rottweiler problem.

VISIT AS MANY PLACES AS YOU CAN...

so you'll have a good idea of what your money buys. Use our Apartment Checklist as a guide to inspecting and comparing choices. Then be prepared to ACT QUICKLY when you find something you like! Lots of complexes are on the internet. While you shouldn't rely too heavily on the web, it is a good

lace to get started narrowing to a list of possibilities. Check out www.collegerentals.com.



1)	Amount of Rent?	0	0	0	0
2)	Amount of Security Deposit?	0	0	0	0
3)	Amount of Late Payment Penalty?	0	0	0	0
4)	Pet Fee?	0	0	0	0
5)	Individual Leases?	0	0	0	0
6)	Size of Apartment?	0	0	0	0
7)	Penalty for Breaking Lease?	0	0	0	0
8)	Furnished?	0	0	0	0
9)	Private Bathrooms?	0	0	0	0
10)	Utilities Included?	0	0	0	0
11)	Cable Included?	0	0	0	0
12)	High-Speed Internet/Ethernet?	0	0	000000000000000000000000000000000000000	0
	Allowed to Paint Walls?	0	0	0	0
_	Ample Power Outlets/Phone Jacks?	0	O	O	0
	Kitchen Appliances in Good Condition?	0	0	0	0
	Vaulted Ceilings?	0	0	0	0
	Ceiling Fans?	0	0	0	0
_	Curtains and Blinds?	O	Ō	Ō	O
-	Fitness Center? Office on site?	O	Ō	O	O
	Tennis Courts/Basketball/Volleyball?	O	O	Ō	O
_	Overall Condition of Apartment?	O	O	Ō	O
-	Plenty of Closet and Storage Space?	O	O	O	O
-	Security/Alarms?	O	O	O	O
-	Washer/Dryers or Laundry Facilities?	O	O	O	O
-	Convenient to School?	O	O	O	O
-	Convenient to Bus Routes?	O	O	O	O
-	Convenient to Stores?	O	O	O	O
_	Quiet Community or Active Area?	000000000000000000000000000000000000000	000000000000000000000000000000000000000	O	000000000000000000000000000000000000000
	Ample Parking?	O	0	O	0
	Convenient Visitor Parking?	O	0	O	0
31)	Porch/Patio?	0	0	O	0

APARTMENT NAME

AFTER YOU'VE FOUND IT:

READ YOUR LEASE THOROUGHLY... AND MAKE SURE YOU UNDERSTAND IT. DON'T BE AFRAID TO ASK!

FOR EXAMPLE;

33) Maid Service?

35) Gated Entry?

• What utilities are you responsible for?

32) Garbage Dumpster Proximity?

34) Smoke Detectors/Carbon Monoxide Detector?

- How is the television reception?
- · Will you need cable?
- Is there reference to existing wear or damage or a penalty for breaking the lease?
- · How does the management feel about subleases?

ENJOY.

0

No apartment is going to be perfect; how much you enjoy where you live is largely up to you. Meet the people at the complex, and you'll enjoy your living experience much more than if you stay indoors, drinking alone. Hang out at the pool. Play some basketball. Throw a party. No matter how you feel about the physical space you occupy, new friends can make you feel right at home.

Frequent Q&A

MY LANDLORD REFUSES TO MAKE REPAIRS, WHAT CAN I DO?

Hopefully you have kept a record of when you first reported the problem and asked that repairs be made. Be sure to document in writing each and every report and complaint made to the landlord. Keep a notebook next to the phone for recording conversations with your landlord. For each conversation, write the date, time, name of the person with whom you spoke, and what was said by each party to the conversation.

If the landlord fails to make repairs within a reasonable time, you can report the problems to the city housing code office and ask for an inspection. If violations of the housing code are found, ask your landlord for a partial refund of the rent for the period of time that the violation existed.

You may be able to either withhold your rent or terminate your lease if the problem constitutes a material breach of the lease or the landlord's statutory duty to provide and maintain a reasonably safe and habitable dwelling. You must follow the exact requirements of Florida Statute 83.56.

You must give the landlord a written notice demanding the repairs be made in seven days. The notice must indicate your intention to terminate the lease or withhold rent if the repairs are not made. The notice should be hand delivered or sent by certified mail. Be sure and keep a copy of the letter.

This is a complicated process and the legal consequences are very serious. You should consult Student Legal Services before attempting to terminate your lease or withhold rent.

CAN I DEDUCT REPAIR COSTS FROM MY RENT?

No. Florida Law does not authorize you to make repairs or to recover the cost of such repairs. In fact, most apartment leases prohibit repairs by tenants. Therefore, if you want to make repairs and deduct the cost from the rent, you must obtain prior consent from your landlord.

CAN MY LANDLORD RAISE MY RENT DURING MY LEASE TERM?

Not unless the lease contains a specific provision allowing for a rent increase. From the tenant's perspective, one of the primary reasons for having a written lease is to lock in the rent for the rental period. READ THE LEASE BEFORE YOU SIGN IT. Normally, you should not sign a lease providing for a rent increase.

CAN I BREAK MY LEASE IF I HAVE GOOD REASON?

- "I am graduating?" NO!
- "My roommate left?" NO!
- "I cannot afford the rent?" NO!
- "I need to work this summer?" NO!
- "The neighborhood is unsafe?" NO!

You can only terminate the lease if the landlord is materially violating your lease or the Florida Residential Landlord and Tenant Act. You should obtain legal advice before attempting to terminate your lease. In many cases, the best thing you can do is find a replacement tenant.

HOW SOON MUST I RENEW MY LEASE?

There is no legally established time period. You should not sign a lease that provides for automatic renewals or requires you to give the landlord a notice of non-renewal. If you do sign such a lease, you must strictly comply with the notice requirements imposed by the lease.

If the lease does not specify otherwise, renewals are a matter of general contract law. The landlord cannot force you to renew prior to the end of your lease. However, if you do not renew by the landlord's "deadline," the landlord may rent your apartment to someone else.

WHAT CAN HAPPEN IF I DON'T PAY RENT?

Failure to pay rent is the quickest way to be evicted. The landlord will serve a notice demanding payment of rent or possession of the apartment. If you fail to comply with the demand within three days, excluding weekends and holidays, eviction proceedings may be started. Neither surrender of the apartment nor eviction ends your liability for rent. You should immediately contact Student Legal Services if you receive a three-day notice.

CAN I BE EVICTED IF I PAY "MY" RENT AND MY ROOMMATES DON'T?

Usually. Most leases provide that the tenants are jointly and severally liable for the entire rent. That means that you are both responsible for each other's share and jointly responsible for paying the full amount. Therefore, the landlord can evict you unless the full rent is paid. It is possible for you to sue your roommates in small claims court to collect their share of the rent and utilities. A written roommate agreement will be helpful in proving your case in court.

Given the difficulty of collecting money on a judgment quickly, the best thing you can do is obtain new roommates.

NOTE: THIS INFORMATION DOES NOT APPLY TO APARTMENTS OFFERING INDIVIDUAL LEASES.





CT'S CERTIFIED ROOMMATE CONTRACT

Living with a complete stranger can be difficult.

Unfortunately, for all of you planning on bunking up with a buddy, living with friends can also be difficult.

That's why the first thing you'll learn about this fabled "real world" is the utter importance of getting everything (and we mean everything) in writing. To help facilitate that, we've drawn up a can't-fail, tried-and-true roomie contract to help settle all disputes before they ever happen. Think of it as a pre-nup, minus the romance and sex... or not.



CT'S ROOMMATE CONTRACT



This contract hereby states that and will cohabitate in a peaceful and respectful manner from the day they move in to the day they move out. After that, they can be jackasses to each other whenever they'd like.

Whereas said roommates agree not to steal each other's significant others, one-night stands, possible hook-ups and/or prostitutes (if applicable).

And whereas said roommates agree not to fart in public while other cohabitants and/or their friends and family are present (unless said fart is part of a joke or prank, in which case it is permissible). Moreover, all cohabitants agree to abide by "whoever smelt it, dealt it."

And whereas all cohabitants agree to abide by the "whoever killed it, fills it" rule pertaining to all alcoholic beverages, specifically kegs.

And whereas said roommates agree never to wake up before 10 a.m., regardless of whether or not they have an 8:30 a.m. class (or exam, for that matter).

And whereas all cohabitants involved in serious relationships will not publicly display affection around any other cohabitants or guests unless said significant other is really, really, really hot.

And whereas if one roommate buys a pizza, no other roommate may eat a slice unless given direct permission from said buyer.

And whereas all roommates agree that if and when *Anchorman* is playing on TV, no cohabitant may change the channel or ask for the volume to be lowered. This also applies during weeks of midterm and final exams.

All signing participants agree to uphold and abide by said rules and regulations. If any individual roommate should fail to meet these requirements, they may be subjected to hours of TPing at the hands of their fellow cohabitants.

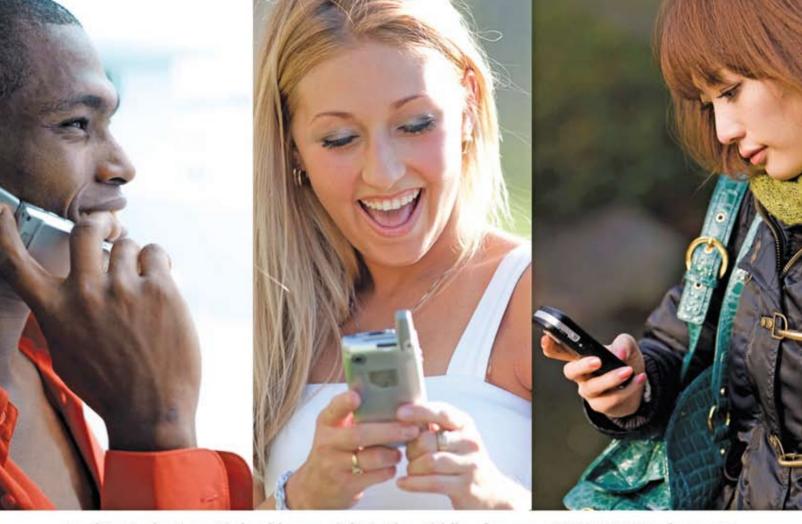


(SIGN AND DATE)

(SIGN AND DATE)

THIS CONTRACT IS CERTIFIED BY CAMPUS TALK AND SHOULD BE NOTARIZED BY FRANK.





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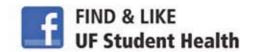




Get in. Get well. Get on with your life!

Student Health Care Center UNIVERSITY of FLORIDA







BY KELLY HERMAN





Ahh, the beginning of another year! The stars and planets are aligning, creating a union and demanding better pay and mystical conditions. For us mere mortals, that means dealing with the flow of astrological picket lines and pay-offs. Watch your step this January!

ARIES

(21 MAR-20 APR)

Let's be brutally honest. Whitney Houston is an Aries. Aretha Franklin, Diana Ross, Celine Dion and Rosie O'Donnell all share your sign, too. Why are you all such loud mouths? Really. All you Aries need to sit down and shut up for once.

TAURUS

(21 APR-21 MAY)

Just relax. It's all good. Everything is a-okay. So what if your peeps hate who you're sleeping with? So what if your addictions interfere with your ability to function in society? Don't trip. It's all good. Get wasted at least twice this week and do something you'll later regret.

GEMINI

(22 MAY-22 JUN)

Spice it up! Punch a hole in the bedroom wall during sex. That should freak your partner out, right? You're doin' it, you're goin' at it, sexin' and lovin' ... then bam! You karate chop a hole into the wall right above the bed. Trust the stars. Be courageous.

CANCER

(23 JUN-23 JUL)

Possessions don't make you who you are. Your lucky numbers six and four do. I'm actually surprised that your cosmically obsessed ass hasn't realized this until now. It's obvious. Focus on those numbers and things will always be true to your astrological course. Seriously.

LEO

(24 JUL-23 AUG)

Life's crazy. So is death. Avoid swing sets and inflatable rafts like the plague if you wish to make it to February! Losing weight is also in your best interest. Even if you looked like Nicole Ritchie a few years ago, a diet is just what the doctor ordered.

VIRGO

(24 AUG-23 SEP)

If you continue on your present course, things will get bad. You'll end up going broke. In fact, the stars have a little surprise coming for you, so you'll want to start saving up. It would be unfortunate if you had to prostitute yourself out on the streets for a while, wouldn't it?

LIBRA

(24 SEP-23 OCT)

You really need to get out more. Hit the streets and wiggle it ... just a little bit. Get thyself to a hip-hop club and shake that ass. Work off some of that winter weight. You'll have half a chance of finding someone who doesn't mind your mammoth booty at places like that.

SCORPIO

(24 OCT-22 NOV)

You have good ideas that mostly amaze and inspire. Sometimes, though, you are just too sky high to make sense. Come back to earth for a minute. Get back in touch with people. Otherwise, no one will be able to connect with you. The hookers will also charge double.

SAGITTARIUS

(23 NOV-22 DEC)

So, you thought no one knew, huh? You thought no one would find out, huh? You sneaky little bastard. The police? No ... No ... I won't say a thing. You know what you did. You know what's going to happen when they find you.

CAPRICORN

(23 DEC-19 JAN)

Not everyone will be as supportive as you'd like. You don't need to be rude ... just make it understood that you are going to do whatever you want and no one can stop you. Call them losers but do it in a nice way. You can do it! Maybe.

AOUARIUS

(20 JAN-19 FEB)

You are not stubborn ... you're just persistent. There's a difference. But when it comes to relationships (especially with that Gemini or Leo you're so mismatched with) you just might want to let it go. Venus ain't feelin' it no mo'. Give up this time. It's over. It's done. Bail out.

PISCES

(20 FEB-20 MAR)

You will have the opportunity to sleep with a large group of people. Don't do it. At least not with all of them. Only half. Not only will it save you from eternal sluttiness, the half you didn't sleep with will be driven crazy by the hot stories told by the lucky half.

TJJJJJJJJJJJJJJJJJJJJ

To keep your brain in shape while lounging on your couch...

Johnny's Mother had three children. The first child was named April. The second child was named May. What was the third child's name?

A BAT AND A BAUL COST \$1.10. THE BAT CHATS ONE DOLLAR MORE THAN THE BALL. HOW MUCH DOES THE BALL COST?

Find a number less than 100 that is increased by one-fifth of its value when its digits are reversed.

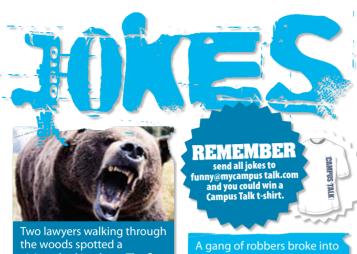
WHAT 5-LETTER WORD BECOMES SHORTER WHEN YOU ADD TWO LETTERS TO 17?



What letter comes next in the following sequence?

DRMFSLT_

#4



the woods spotted a vicious-looking bear. The first lawyer immediately opened his briefcase, pulled out a pair of sneakers and started putting them on. The second lawyer looked at him and said, "You're crazy! You'll never be able to outrun that bear!" "I don't have to," the first lawyer replied. "I only have to outrun you."

A gang of robbers broke into a lawyer's club by mistake. The old legal lions gave them a fight for their life and their money. The gang was very happy to escape. "It ain't so bad," one crook noted. "We got \$25 between us." The boss screamed, "I warned you to stay clear of lawyers... we had \$100 when we broke in!"



An old man was wondering if his wife had a hearing problem. So one night, he stood behind her while she was sitting in her chair. He spoke softly to her, "Honey, can you hear me?" There was no response. He moved a little closer and said again, "Honey, can you hear me?" Still, there was no response. Finally, he moved right behind her and said, "Honey, can you hear me?" She replied loundly, "For the third time, yes!"

A photographer was hired to take pictures at a lawyers' convention. When he lined up his subjects, he got them to look their best by shouting, "Okay, everyone say, 'Fees!'



Q: Why doesn't a chicken wear pants?
A: Because his pecker is on his head!

Q: How many law professors does it take to change a light bulb?
A: Hell, you need 250 just to lobby for the research grant.



BY AMY SMITH

FASHION REVIEW

DEAREST PEN PALAZOO DARK TEAL WIDE LEG PANTS

Your friends will be teal with envy when you show up in these wide-legged pants. Dark teal woven fabric gives a little extra swish down these awesome wide-leg palazzo pants with a banded waist that flatters with a slim, high-waisted fit. **\$46 lulus.com**

THE BETTER SWEATER NAVY BLUE STRIPED SWEATER

When you're feeling overwhelmed by all your sweater options, reach for this cozy find and match it with your favorite pair of jeans. This

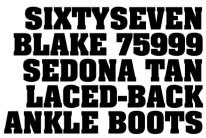
extra wide cut is trendy and fun, with white and burgundy stripes skipping across navy blue open knit.

\$48 lulus.com



high-waisted bottoms. Enjoy the incredibly soft jersey knit forming a high collar and long sleeves, while a cropped hem keeps it on trend.

\$28 lulus.com



If you're deeply committed to fashion, then get ready to "tie the knot" with these Tan Laced-Back Ankle Boots! A unique corset-like, lace-up back with rounded laces climbs up to an overlapping collar with a 2.25" stacked wooden heel and lightly distressed toe. \$159 lulus.com



The "Becca" beats the heck out of last year's booties, with gorgeous black leather contrasted by a tan sole and heel! Count on these bold ankle boots to run the show with a rounded toe and a 3" tall stacked chunk heel. **§139 lulus.com**



<< LOVE IT!

SHIFT INTO GEAR BLACK SHIFT DRESS

Little Black Dress meets Winter when you step into this classic look! Woven black fabric embraces a shift shape, complete with a rounded neckline plus pleated detail, and open back keyhole with top button closure. Each long sleeve coasts all the way to a cuff with shiny black buttons. \$45 lulus.com





GIVE ME AN OMBRE-K IVORY AND TAUPE CARDIGAN SWEATER

Nice neutral shades make a fascinating fade for the irresistible Give Me an Ombre-k Ivory and Taupe Cardigan Sweater! Every girl needs a soft slouchy sweater she can live in, and this chunky knit cardigan fades from taupe to ivory and back again down an extra-long, open-front design.

\$66 lulus.com



TUXEDO MOCHA TAUPE INFINITY SCARF

Mix up all the delicious shades of chocolate with this Tuxedo Mocha Taupe Infinity Scarf. This soft scarf has bits of white, brown, and grey yarn throughout as it wraps twice around your neck, keeping you cozy when it's cold out. **\$\frac{\frac{514 \lulus.com}{1000}}**

CONFETTI KALEIDOSCOPE RAINBOW INFINITY SCARF

Brighten up any outfit with the Confetti Kaleidoscope Rainbow Infinity Scarf. Super soft, chunky white knit is sprinkled with a rainbow of colors. Say "bye" to the Brr!

\$38 lulus.com





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EARSHOTS PORTABLE SPEAKER SYSTEM

Measuring only 35mm in height and 33mm in width, these portable speaker system include two speakers housed by high quality aluminum that deliver massive stereo sound. They are available in both red and silver finishes and the speakers are battery powered and come equipped with a USB cable, which charges both speakers simultaneously for over five hours of playback.

\$49.95 kubxlab.com



SLITE CARD CASE FOR IPHONE5C

Turn your phone into a wallet with this ultra-slim and durable card case. The lay-flat screen guard protects against scratches and you can fit up to 3 of your most frequently used cards and cash in the slit. The soft-touch finish makes it easy to pull out of pockets and purses and it's available in four colors.

\$29.99 Cm4.com



iSHOWER

Singing in the shower has never been so fun! This water-resistant Bluetooth speaker is perfect for relaxing in the shower, bath, hot tub, or pool while keeping your phone safe and dry away from the water. It is compatible from up to 200 feet away and can be shared with up to 5 users. Perfect for iPads, iPhones, iPods and Androids.

\$99.99 iShowerinc.com

RED CUP LIVING REUSABLE DISHWASHER SAFE RED CUPS

No need to pitch these red cups when you're done, just pop them into the dishwasher. These red cups are constructed of high quality, break-resistant, double wall ABS plastic. Each cup has its own personality to complement favorite beverages including the 18 and 32 ounce cups, 8 and 14 ounce wine cup, 12 ounce cocktail cup, 2 oz shooter cup with or without lanyard, 15 ounce Margarita cup, and 12 ounce coffee muq.

\$4-\$12 Redcupliving.com



RAPOO BLUETOOTH MINI SPEAKER

These cylindrical, portable speakers deliver big sound while on the go. Its compact size fits easily into any purse, backpack, carry-on or pocket and can easily stream from any smartphone or tablet. This device features integrated controls, built-in microphone, a rechargeable lithium-ion battery and is available in six metallic shades.



speakerphone, a power bank to

charge all devices and Bluetooth

bridge connectivity. \$169.99 braven.com



GO SMART RESTPAD

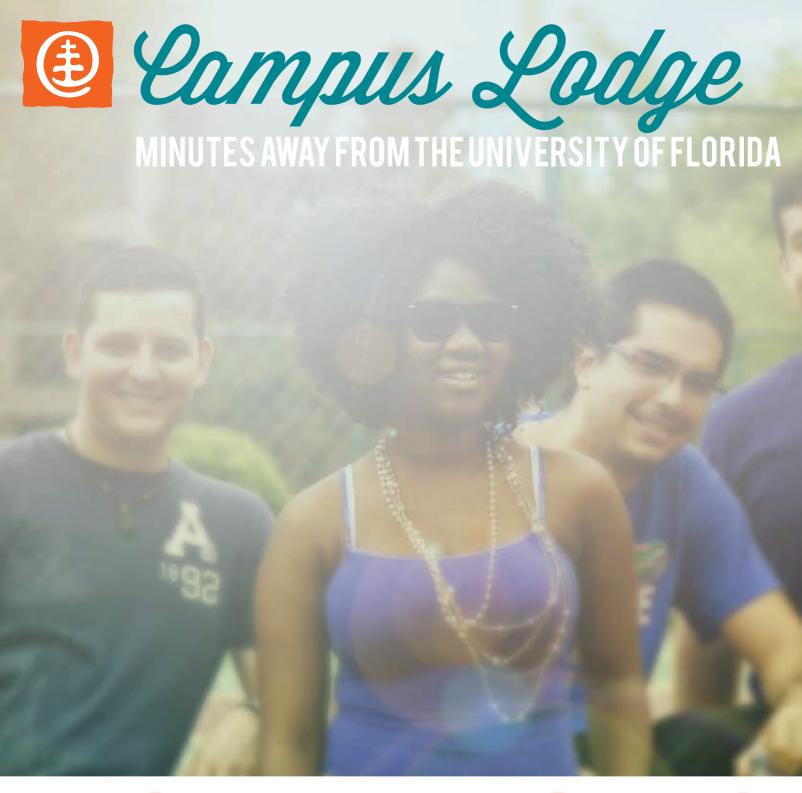
This restpad is an innovative new patent-pending mouse pad with a luxurious 100% natural sheepskin wrist rest designed to give soothing comfort and ultimate pressure relief for computer mouse users. It relieves over twice as much pressure as compared to gel and memory foam.



AMPJACKET ACOUSTIC AMPLIFIER CASE

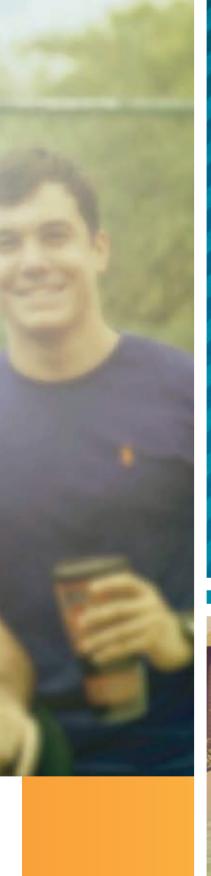
The Ampjacket, an acoustic amplifier case for the iPhone 5, iPhone 4, iPad mini, and iPod touch, uses an innovative channel design to double the volume of your device acoustically – without external power or batteries. It's perfect for hands-free calling in the car, for listening to music, playing games or on any other "high-volume" occasion!

\$24.95 - \$39.95 kubxlab.com



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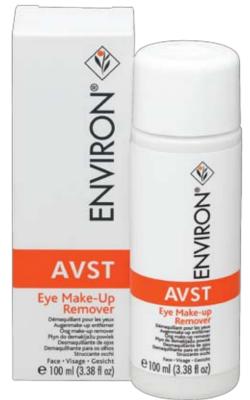
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BY AMY SMITH



MANUKA DOCTOR SKIN SERUM

This super-hydrating, oil-free serum, is clinically proven to help reduce acne-causing bacteria. Used daily, it provides relief to blemish-prone or oily skin and refines the skin's texture for clearer complexion after three weeks of use. Enriched with purified Bee venom, Manuka Honey and Royal jelly, this serum helps balance and improve imperfections on the skin.

\$39.90 manukadoctor.com

ENVIRON'S AVST EYE MAKE-UP REMOVER

This eye makeup remover is an oil free product that gently removes makeup without drying the skin around the eyes. It contains Honeybush Tea extract and a mild fragrance. The remover is ideal for sensitive skin and contact lens wearers and leaves skin around the eyes feeling refreshed and moisturized.

\$44 environ.co.za









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Kneipp Thermal Spring Salt is made with pure and natural thermal brine salts as well as eucalyptus oil that stimulates and helps relieve sinuses, especially during cold and flu season. It is also helpful during allergy season and can be cooling in the summer.

\$5.50-\$20 kneippus.com

KNEIPP COLD AND FLU HERBAL BATH EUCALYPTUS

Just like the Mineral Bath salts, this highly concentrated bath treatment helps relieve sinuses and is soothing for a stuffy nose, head congestion and general tiredness.

\$19 kneippus.com

KNEIPP MINT & EUCALYPTUS SINUS RELIEF BODY WASH

Infused with Mint, this gentle eucalyptus cleansing wash leaves your skin soft and supple, moisturized and lightly scented.

\$15 kneippus.com

<< WINTER BEAUTY



ORGANIC HAIRCARE DOCTOR SHAMPOO

The gentle yet powerfully purifying shampoo is full of Organic Tea Tree Oil and Aloe Vera which soothes and moisturizes the scalp leaving hair instantly revitalized, fresh and hydrated. It's also ideal for both normal and oily hair and scalp types.

\$9.99 vitaminworld.com



ORGANIC HAIRCARE DOCTOR CONDITIONER

Used with Organic Tea Tree Shampoo, this formula naturally improves hair by coating, penetrating and purifying the hairs external fibers. This invigorating and nourishing conditioner is suitable for normal and oily hair types.

\$9.99 vitaminworld.com



ORGANIC TEA TREE BEAUTY SPOT STICK

Spot-treat breakouts that pop up overnight with this revitalizing beauty spot stick in a handy roller ball. The natural clear gel provides invisible application and is designed to soothe and cool the skin's surface as it penetrates deep into the skin.

\$10.99 vitaminworld.com





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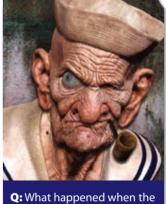
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Q: Why is it so hard to replace Vanna White? A: They can't find another blonde who knows the whole alphabet.



Pope went to Mount Olive?

A: Popeye beat the crap

outta him.



My parents recently retired. Mom always wanted to learn to play the piano, so dad bought her a piano for her birthday. A few weeks later, I asked how she was doing with it. "Oh, we returned the piano," said my Dad. "I persuaded her to switch to a clarinet instead." "How come?" I asked. "Because," he answered, "with a clarinet, she can't sing."



The game of choice for unemployed people or maintenance level workers is basketball.

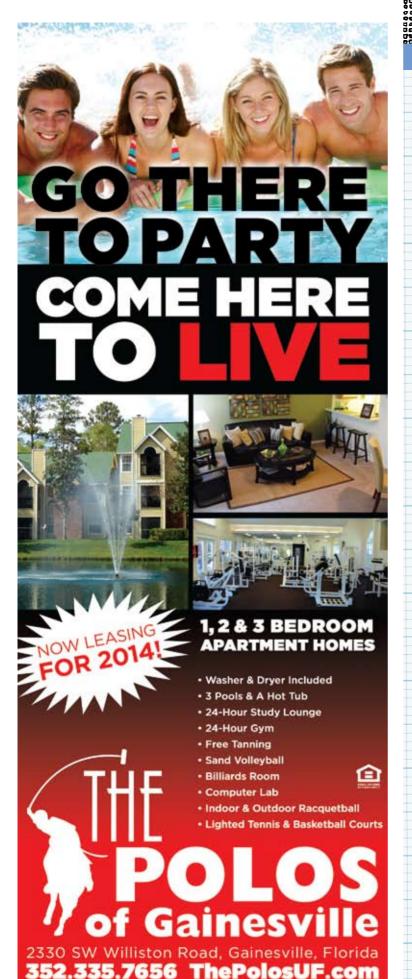
The game of choice for frontline workers is football.

The game of choice for middle management is tennis.

The game of choice for CEOs and executives is golf.

Conclusion: The higher up on the corporate ladder you are, the smaller your balls are.





CHARTED >> TIMES I WANT TO TURN OFF AUTOPLAY ON A WEBPAGE ONLY A **COUPLE OF** TABS OPEN WTF, I DON'T HAVE ANY WINDOWS OPEN! SEVERAL DOZEN TABS OPEN, AND USING 5 OR 6 DIFFERENT WINDOWS WHEN I HEAR AUTOPLAY MUSIC ON A WEBPAGE WHERE THE HELL IS THE PAUSE BUTTON? WOW, THIS IS SONG IS SO COOL, I SHOULD **DOWNLOAD IT!**

ANY OTHER

LYRICS

DON'T WORRY

LYRICS TO REGGAE MUSIC

RELAX

MON

<< CHARTED

EVERYTHING IS GONNA BE ALRIGHT

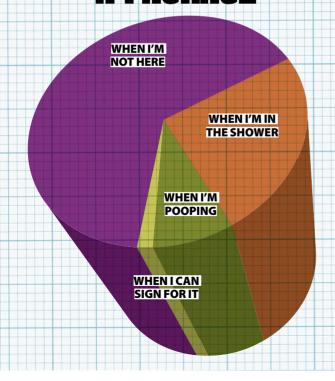


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PRANKS FOR THE AGES!

During college, you'll most likely go through a series of different roommates. Often times, there will be moments when your roommate won't be pulling his/her weight around the apartment. Instead of cleaning up for them or causing a heated battle to the death, try subjecting them to a harmless, well-planned prank. Here are some ideas on how to get back at them.





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BY DANIEL SUTPHIN

GLUTTONS FOR PUN-ISHMENT!

In viewing our modern conglomerates of media, it would appear that ineptitude and flash have come to rule the reports that we are so frequently and rottenly fed. It is no longer rare to watch the nightly news anchors close their show with a polished smile, a brief about a bunny who doesn't like carrots and a painfully-obvious pun, usually to be followed by a choir of moans, groans and fake laughter.

As Edgar Allan Poe said, "The goodness of the true *pun* is in the direct ratio of its intolerability." In lieu of this statement, CT has decided to catch up with the times by collecting, and now spewing, some truly offensive puns!

WHEN YOU'VE SEEN ONE SHOPPING CENTER YOU'VE SEEN A MALL.

A THIEF WHO
STOLE A CALENDAR
GOT 12 MONTHS.

POLICE WERE CALLED TO A DAY CARE WHERE A THREE-YEAR-OLD WAS RESISTING A REST.

A DENTIST AND A MANICURIST MARRIED. THEY FOUGHT TOOTH AND NAIL.

A BICYCLE CAN'T STAND ALONE; IT IS TWO TIRED.

DID YOU HEAR ABOUT THE FELLOW WHOSE WHOLE LEFT SIDE WAS CUT OFF? HE'S ALL RIGHT NOW.

LOCAL AREA NETWORK IN AUSTRALIA: THE LAN DOWN UNDER.

IF YOU TAKE A
LAPTOP COMPUTER
FOR A RUN, YOU
COULD JOG YOUR
MEMORY.

A BOILED EGG IS HARD TO BEAT. IN A DEMOCRACY
IT'S YOUR VOTE
THAT COUNTS; IN
FEUDALISM, IT'S YOUR
COUNT THAT VOTES.

YOU ARE STUCK WITH YOUR DEBT IF YOU CAN'T BUDGE IT.

THE BATTERIES
WERE GIVEN OUT
FREE OF CHARGE.

THE PROFESSOR
DISCOVERED THAT
HER THEORY OF
EARTHQUAKES WAS
ON SHAKY GROUND.

WHEN A CLOCK IS HUNGRY, IT GOES BACK FOUR SECONDS.

TO WRITE WITH A BROKEN PENCIL IS POINTLESS. SHOW ME A PIANO FALLING DOWN A MINESHAFT AND I'LL SHOW YOU A-FLAT MINER.

WITH HER MARRIAGE, SHE GOT A NEW NAME AND A DRESS. IF YOU DON'T PAY YOUR EXORCIST YOU CAN GET REPOSSESSED.

WHEN THE SMOG LIFTS IN LOS ANGELES, U.C.L.A. WHEN FISH ARE IN SCHOOLS THEY SOMETIMES TAKE DEBATE.

A WILL IS A DEAD GIVEAWAY.





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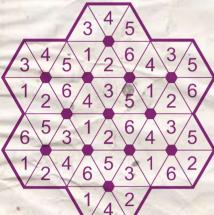




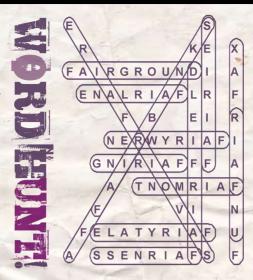












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Žuo.	1	7	2	5	3	9	8	6	4





Lots of fellows think a home is only good to borrow money on. KIN HUBBARD

If a hiker got very lost in a national forest, he'd have to rely on the kindness of rangers.

IMAKA ADRAS

START, STARE, SHARE, SHORE, CHORE, CHOSE

1. Custom; 2. Shape; 3. Right; 4. Drain

Today's Word:

DONOR 00 OR

REIP OR A SCORE MEMOR ORANG D RAZOR TRACTOR

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4	_	-2	×	5	10
+	7		13	+	
3	+	9	+	6	2
5	12	5		7	







"Honey," said a husband to his wife. "I invited a friend home for supper." "What? Are you crazy? The house is a mess, I haven't been shopping, all the dishes are dirty and I don't feel like cookina a fancy meal!" she said. "I know all that," replied the husband. "Then why did you invite a friend for supper?" she asked. "Because the poor fool's thinking about aettina married.'

Q: How can you tell if your wife is dead? A: The sex is the same but the dishes pile up.

Q. Why is it called PMS? A. Because "Mad Cow Disease" was already taken.

Q. What does a redhead miss the most at a party? A. The Invitation!

Q: How did Burger King get Dairy Queen pregnant? A: He forgot to wrap his whopper.

After his divorce, Mr. Jones realized that poker isn't the only game that starts with holding hands and ends with a staggering financial loss.



Two guys and a girl were sitting at a bar talking about their lives. The one guy said, "I'm a YUPPIE. You know, Young Urban Professional." The second guy responded, "I'm a DINK. You know, Double Income No Kids." They then asked the woman, "What are you?" She replied, "I'm a WIFE. You know, Wash, Iron, Fornicate, Etc."



A woman walked into the

stalking around with a fly

swatter in his hand. "What

are you doing?" she asked.

"I'm killing flies. Three males

and two females, to be exact,"

he answered. "How can you

tell their sex?" "Well, three

were on an open beer can

and the other two were

on the phone!"

kitchen to find her husband

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BY KELLY HERMAN

MEETING THE PARENTS A GUIDE TO PREVENTING DISASTER!

You make puppy dog eyes with your new sig other, wondering when you'll be part of the family, and one day making your own. There are a few steps you'll have to go through in order to reach those gushy dreams of spousehood, and one of them, unless that sig other you're falling for happens to be an orphan, is meeting the parents.

Spikes in blood pressure can be felt all around the world just by thinking the phrase, which is a very reasonable reaction. One who goes in without fear should fear the outcome of this dreaded situation. If your palms don't sweat even a little on the drive over, you are doomed. To take precaution against screwing up and forever marking yourself as The One That Thankfully Got Away, here are a few tips born from the insight only a screw-up can provide.

DO DRESS FOR THE

Usually when it's time to meet your lovey dove's parents, it is at an event or in a public place. Dress one step more conservatively than you feel is necessary for the occasion. It may feel fine to go to your girlfriend's birthday dinner in a t-shirt and jeans, but go for a button up instead. You may think brunch after church calls for a sundress, but throw some tights on underneath. As prude as it may sound, your safest bet - even with the most liberal of parents – is to let them think they can judge a book by its deceptively unslutty cover.

DON'T TALK ABOUT YOUR MATE

This may seem like a natural thing to do, especially if you've established a playful banter with this person, but it may come off as passive aggressive fighting to their parents. Sure, that's how you communicate at home, but they may see it differently. When talking about your relationship or your sig other in general, stay light and switch topics ASAP. Saying something that sounds like you're picking on them or their habits, even if it's just a joke, could register as a red flag.



over. One of my boyfriends in high school met my mom and sister while I was putting my shirt back on. Not the ideal way to meet someone for the first time, and even worse when all those "good things" your family has heard about them are shattered in one fell swoop. Take precaution and meet them before they can come home unexpectedly, interrupting sexy time. You'd also do well to know a few key details about them so you don't affront them with any other faux pas.

DON'T LIE

Well, duh. It's easier to say and harder to do, though. When faced with the opportunity to bloat your job's benefits, your class' difficulty, or your grandma's connections with royalty (just to the crown duchess of Canada ... they have one of those, right?) you can get caught in a web of misconstrued abilities you never intended to imply. Could your boyfriend's parents possibly get your opinion on the stock market, since you're getting an A in the most notoriously difficult Econ class in the world? Um, no, because you are two weeks in and don't know the difference between a bond (oh, you mean James?) and a CD (like you put in a walkman - totally). Stick with humble pie, and you'll be golden.

DO BE YOURSELF

You do have to let them get to know you, or else meeting them would've been all for naught. Putting on a front, or being overly assenting, will read as insecure and fake. But if you are either or both of those things, that's just you bein'you, baby! Let your true self shine through, and whether or not they like it, they'll at least know with what they're dealing.

DON'T FOLLOW THAT LAST ADVICE

Of course you want them to like you! You're stuck with them for the rest of your (well, their) life and will surely want it not to be a crappy one. Be who you are, but sensor. Feel them out first before letting your addictedto-candy-corn-and-staying-up-playing-Halo side shine through. Although jumping into the pool gets the initial shock over with, dipping your toe in to feel the temperature first is much wiser.

TIPS FOR MAINTAINING YOUR LONG DISTANCE

"LOVE WILL KEEP US TOGETHER."

"ABSENCE MAKES THE HEART GROW FONDER."

"I'LL HOLD YOU IN MY HEART 'TIL I CAN HOLD YOU IN MY ARMS."

Blah blah blah blah BLAH! Shakespeare it up all you want, long distance relationships suck! The best advice I could give to those of you dealing with such a soul draining process is this: DON'T DO IT! Seriously, you're in college, the one time in your life where it's not only acceptable, but kind of expected that you won't be exclusive to any one person—much less a person you can't get naked with on a nightly basis. But since you're not going to do the smart thing anyway (not that I ever heeded such sage advice either), here are some tips for eking a few more months out of this trans-continental thing you've got going on.



USE TECHNOLOGY TO OF SNAIL MAIL **YOUR ADVANTAGE**

Maintaining a long distance relationship used to mean astronomical phone bills and tons of hand cramps (from writing letters, perv, GAWD!). These days, with essentially free calling and text plans and actually free applications like Skype and Facebook, you pretty much have no excuse for not staying in touch. Now it's your job to take that ease to the next level. Use GrubHub to send your distant other their favorite food right before your weekly webchat. Install stalker software on their computer so you can remotely control their webcam and see if they're banging somebody else. Or use a website to send like ... flowers ... and stuff.

Social media is great for keeping up on the day-to-day of that high school boyfriend you simply can't let go of. But don't be afraid to put pen to paper and stamp to envelope for something a tad more personal. Be it a poem, a care package, an actual photograph in an actual frame so he can actually look at you when his screensaver isn't active. Plus, there's just something about receiving a physical, tangible letter that harkens back to a simpler time – a time where a man would sweep you off your feet before entering into a loveless marriage that you couldn't get out of because women had neither the right to vote nor own property. No amount of texting can replace that kind of romance.

INTO SCHOOL

It's great that you've committed yourself to utter celibacy for all but the longest of school breaks, but that doesn't mean you're going to like it. Let's face it, you're in college, surrounded by a perpetual haze of libido and willing bodies. If you allow yourself to get even the least bit horny in a tempting social situation, you are going to screw this whole thing up (emphasis on the screw). So put all that pent up sexual frustration to work for you. Focus on homework. Get involved with every activity imaginable. When Spring Break finally comes, not only will you be able to tear off your clothes with a clear conscience, but you may have actually grown... as a person... or something.

will go viral the instant you two break up, the fact is naked Skype sessions will only accelerate that process. It's one thing to pay a stranger to act like she's getting all hot and bothered by the mound of dirty laundry behind you. But you'll quickly realize just how not sexy it can be when there's somebody you genuinely care about on the other end of that webcam. Suddenly all those instructions, which sound so provocative in your head, come off like the ramblings of a serial killer when given to someone whose contact with you doesn't end the minute you shut your laptop. Listen to my voice

long-distance lovers, to avoid

awkwardness (and eventual

"Tosh.0" web redemptions)

use Skype for talking only!

inevitable libido-killing

Besides the fact that any naked pictures you send over text

KEEP VISUAL MEDIA CLEAN



WHEN HE CHANGES HIS MIND

sex without ongoing consent = sexual assault

DON'T BE THAT GUY.



SAVEdmonton.com

10 ESCAPE POST-BREAKUP I

3y Mike Stanley | Illustrations by Jane Dominguez

10 BE SINGLE CAN TAKE TIME. YOU AND YOU NOW EX-COHABITER THEY KEPT YOU COMPANY FOR A WHILE AND MAYBE THE TWO OF DID EVERYTHING TOGETHER: LAUGHED, CRIED, LOVED, LIED, AND BEFORE, SO GET UP AND GET OVER YOURSELF. RELEARNING HOW **GETTING DUMPED IS NOT AN ANOMALY, WE'VE ALL BEEN THERE DEVOLVED IN CONVERSATION, PASSION AND INTEREST. SURE, YOU HAD A GOOD RUN, BUT THAT CHAPTER HAS REACHED AN** EVENTUALLY (CONSIDERING YOUR PRESENT SINGLE STATUS) END; IT'S TIME TO WAKE UP AND HANDLE IT.

STEP 2 SEEKING THEIR FRIENDSHIP hanging? Go back to them. If used to hang out with before Remember those friends you they were truly friends, then you and your evil ex began you will be accepted again. SEE ADVICE BELOW IN

AND COUNSEL

Don't sit at home and wallow in your STEP 1

Meanwhile, you're developing bed sores, own self pity. Time spent in such caverns driving yourself insane and running your fun without you, and most likely having tear ducts dry. Get out of bed, and get scenarios of your ex-cohabiter having said "fun" with everyone you despise. will only lead you to fabricating out of that dungeon. SERIOUSLY, GET OUT, GET OUT, GET OUTI

JIRLS:

Divulging of breakup details will inevitably happen, and most likely, with multiple tellings. Don't worry, although the story may pierce your very core, true friends will be there and they'll say what you need to hear. All the "he isn't worth your time," and "you're so much better than that," statements will help, no matter how many hours you spent plopped before a mirror saying those very words out loud; it always feels better to hear from somebody else.



GUYS:

You'll more than likely be ridiculed until you stop crying and pull yourself together. Your friends will mean it in all sincerity, but you'll need to "steel" yourself mentally in preparation for the emotional gauntlet through which you're inescapably going to be dragged. Once you're able to prevent yourself from running to the bathroom to sneak a few quick tears post-insults, you'll be well on your way to an improved emotional state.



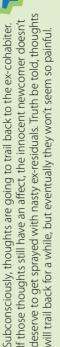
STEP 3

state will conjure past problems, and that isn't fair

to the innocent newcomer.

Take time to get over hurt feelings. Jumping into another relationship in your present emotional

ESCAPI



ONCE YOU CAN TRAIL DOWN THAT BEATEN PATH AND LAUGH, You'll find the right route for escape.



4. Are you doing your best to actually move on or are you still stalking them on Facebook, Twitter, Tumblr, Instagram, and Snapchat? 2. Are you still texting them and anxiously anticipating every response, only to be constantly let down?

3. Are you still drunk dialing them a few times a week?

4. STOP! All of this continued contact, verbal or visual, is only going to prolong the duration of your pain. The faster you can get them out of your peripheral, the faster you can move on and be happy again. The longer you spend distracting yourself with this void of a person, the more chance you might miss out on something greater.

SOLUTION:

Go to Walmart, buy a dry erase board, hang it somewhere in your room, write in big letters "DAYS WITHOUT INCIDENT," and see how many days of no contact whatsoever it takes you to make a full recovery. Then, write a book on the whole story, become a millionaire, and live happily ever after with someone who loves you for you, not your newly acquired cash.

REALLY CAN'T

OK ... ASK YOURSELF A FEW EASY QUESTIONS:



PARANORMAL ACTIVITY: THE MARKED ONES

WHAT: Horror/Thriller **WHO:** Andrew Jacobs, Molly Ephraim, Richard Cabral **WHEN:** January 3

The latest addition to the Paranormal Activity franchise, "The Marked Ones" tells the story of Jesse as he begins noticing strange circumstances surrounding himself and a recently deceased, downstairs neighbor. After being 'marked,' Jesse begins to be pursued by mysterious forces while his family and friends try to save him.

JACK RYAN: SHADOW RECRUIT

WHAT: Action/Drama/Thriller **WHO:** Chris Pine, Kevin Costner, Keira Knightley

WHEN: January 17

As a young covert CIA analyst, Tom Clancy's Jack Ryan character returns with Chris Pine taking the role, formerly made popular by Harrison Ford in the '90s. In this rendition, Ryan uncovers a Russian plot to crash the U.S. economy with a terrorist attack.

I. FRANKENSTEIN

WHAT: Action/Fantasy/Sci-Fi **WHO:** Aaron Eckhart, Bill Nighy, Miranda Otto

WHEN: January 24

From the creators of supernatural saga, "Underworld,""I, Frankenstein" is set in a dystopic present where gargoyles and demons rage in a battle for ultimate power. Based on the graphic novel "I, Frankenstein" by Kevin Grevioux, Adam (Eckhart), Victor Frankenstein's creation, gets caught in the middle as both sides battle to discover the secret to his immortality.

THAT AWKWARD MOMENT

WHAT: Comedy/Romance **WHO:** Zac Efron, Michael B.

Jordan, Miles Teller **WHEN:** January 31

In this "bro" comedy, Mikey (Jordan) gets dumped. To help him, his two best friends Jason and Daniel (Efron and Teller) decide to stay single with Mikey until he gets action. Despite their best efforts, both Jason and Daniel end up in relationships, struggling to define that confusing moment in dating when you have to decide "So... where is this going?"



WHO: Danny Trejo, Alexa Vega, Mel Gibson, Sofía Vergara, Michelle Rodriguez, Lady Gaga, Carlos Esteves (Charlie Sheen), Antonio Banderas

WHEN: October 11

A follow up to Robert Rodriguez's cult classic, "Machete," the President of the United States (Esteves) recruits Machete (Trejo) to fight his way through Mexico in order to quiet a dangerous radical and eliminate a wealthy arms dealer who plans to launch a weapon into space in order to destabilize the entire globe.

WHO: Daniel Brühl, Olivia Wilde,

Chris Hemsworth, WHEN: January 28

Ron Howard's film, "Rush," takes place in the golden age of Formula 1 racing. It tells the true story of two industry rivals – English playboy James Hunt (Hemsworth) and his brilliant opponent Niki Lauda (Brühl). "Rush" explores the drivers' personal lives as they push themselves to the breaking point of physical and psychological endurance.

BIG SUR

WHAT: Drama

WHO: Jean-Marc Barr, Kate Bosworth, Josh Lucas

WHEN: January 14

"Big Sur" recounts Jack Kerouac's (here known by the name of his fictional alter-ego Jack Duluoz) three trips to a cabin in the small, coastal California town of Big Sur as he seeks respite from the overwhelming success of "On the Road" and battles his inner demons.

HILARIOUS!>>

A man bought a new Mercedes to celebrate his wife leaving him and was out on the interstate for a nice evening drive.

The top was down, the breeze was blowing through what was left of his hair and he decided to open her up. As the needle jumped up to 80 mph, he suddenly saw flashing red and blue lights behind him.

"There's no way they can catch a Mercedes," he thought to himself and opened her up further. The needle hit 90, 100. Then the reality of the situation hit him. "What am I doing?" he thought and pulled over.

The cop came up to him, took his license without a word and examined it and the car.

"It's been a long hard day, this is the end of my shift and it's Friday the 13th. I don't feel like more paperwork, I don't need the frustration or the overtime, so if you can give me a really good excuse for your driving that I haven't heard before, you can go."

The guy thinks about it for a second and says, "Last week my nagging wife ran off with a cop. I was afraid you were trying to give her back!"

"Have a nice weekend," said the officer.





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BY BRIAN HODGES

FOR CHOOSING E PERF

College isn't all football games, beer pong and awkward knobby hookups. You do occasionally have to go to "class". And "class" isn't all just what you're majoring in either. As part of the school wanting you to become one of these "well-rounded people" they're so keen on producing, they pretty much force you to take a bunch of required courses outside your major in order to cover such pedantic topics as "math" and "reading" and "culture" or whatever. Lucky for you, they also give you a bunch of elective courses so that you can at least study useless topics that you're interested in. But picking the right electives can be tricky. Here's a crash course on how to be smart(ish) about your decisions.



leather elbow pads who told you all the gruesome details behind every royal assassination in European history, turning what could have been an otherwise boring Western Civ class into an utterly fascinating experience? Chances are you'll be in for some equally entertaining intrigue and gore learning about the Far East. That's the beauty of really amazing professors who are passionate about what they teach. They make it so even a pothead slacker in an 8am lecture class has no choice but to pay attention. You might never use what you learn later in life (though that's probably true of your major too), but with the right professor, you're guaranteed an enriching experience of learning for learning's sake.

REQUIREMNTS

Let's not kid ourselves, every class you take outside of your major has the potential to be wasted time and money. Then again, you are majoring in Post-Modern Experimental Film Making, so judicious use of tuition is clearly not your primary concern. Still, if you have to take a boring literature class anyway, why not knock out that pesky World Cultures requirement at the same with Intro to Chinese Theater. You may have zero interest in either topic, but at least it's only four hours (and four thousand dollars) out of your week being wasted as opposed to eight. And who knows, you might just find the inspiration for a future arthouse documentary nobody will pay to see.

THINK COST-EFFECTIVE

Look, I'm all about signing up for unique and funky-sounding classes that you wouldn't normally think to take, like The Science of Super Heroes, Psychology of Sexual Deviance or Popular Logic on TV Judge Shows (all real classes, BTW), but there are certain electives that frankly aren't worth the money. Signing up for yoga, modern dance or basket weaving three days a week might seem like a fun idea, but if you're really that interested, you'd be better served taking a class at a local studio where you're not paying tuition prices or getting someone fired after you bang the instructor.

You never know when you might decide to take your Psych degree out for a spin by opening a lemonade/therapist stand for five cents a session. In that case, knowing a thing or two about running a small business wouldn't be a bad skill to have. But good grief, even if that isn't in your cards, the fact is a good percentage of you will eventually end up working jobs that are, at best, only tangentially related to your major. If you're lucky, that career will be less food-service-oriented and more in the soulless corporate drone category. Learning how markets and marketing actually work can be a decent boost to your resume and unintended career path. At the very least it will give you a more engaging foundation for debate at the Occupy rally than, "Mic check!"



REVENGE BEST SERVED...>>



A LITTLE ROOMMATE VENGEANCE!

The following pranks were found at www.free-revenge-ideas.com.

TO THE FOOD STEALERS,



IT HAS BEEN ABOUT A MONTH NOW SINCE MY
BROWNIES STARTED DISAPPEARING RANDOMLY. EVEN
THOUGH MY NAME WAS ON THE TUB. MY HUSBAND
HELPED MY 9YO DAUGHTER BAKE THEM FOR ME, SO
I HOPE YOU ENJOYED THEM AS MUCH AS I COULDN'T.
MY PREVIOUS FRIDGE NOTES FELL ON DEAF EARS,
SO I DECIDED TO TAKE MORE DIRECT ACTION.

50, I MADE AN ANONYMOUS REPORT TO HR.

SOMETHING ABOUT CULTURE OF DRUG USE AND THE
POTENTIAL LIABILITY TO THE COMPANY BLAH BLAH.

THAT IS WHY WE ALL HAD TO DO A RANDOM DRUG
SCREEN YESTERDAY.

AND DID I FORGET TO MENTION THAT FOR THE LAST TWO WEEKS I HAVE BEEN SPIKING THE BROWNIES WITH MARITUANA? NOT MUCH, NOT ENOUGH TO GIVE YOU A BUZZ. JUST ENOUGH TO SHOW UP ON A DRUG SCREEN.

CHECKMATE.

KITCHEN REVENGE

The easiest kitchen prank to create is an avalanche in the freezer. Tape the automatic icemaker bar in the down position so it continually makes ice, thus, creating an avalanche upon opening the freezer door. You can also tape a CD to the inside ceiling of the microwave. When someone starts the microwave the silicon in the disc will put on a huge light show of sparks. It is harmless to the microwave but it should scare the hell out of the victim.

THE TRASH CAN SOAK REVENGE

The old school way is to use a small trashcan filled with water and placed on top of a slightly opened door. Balance the can just right so when the door swings open the trash can will turn over and spill on the victim. If you lined it up right, the water and trashcan will fall on top of your victim's head.

TRIPWIRE REVENGE

People rarely watch their feet when they walk and this is an invitation to attack such a vulnerable area. All you need are two nails or large thumbtacks and some fishing wire. You want to place the nails or tacks about 4 inches off the ground on each side of the doorframe. String the line very tightly and enjoy watching your victim fall on their face.

SALTING REVENGE

This works best with hung-over roommates or hard sleepers who wake up groggy and head to the fridge for their favorite drink. All you have to do is pour salt into their favorite morning beverage. Sit back and watch the fun when they take a huge gulp and then spit it all over the floor and walls.

FIRECRACKER REVENGE

The Firecracker Revenge is a prank to use on housemates. The easiest traps to lie are the string-pull kind. The string-pull firecracker is one with a long string hanging out on each end. When you pull the strings hard the firecracker blows up. Tie the string around the doorknob. Pin the other string down by tying it tightly to a well-anchored tack pushed hard into the doorframe.

FLOOR TRAPS AND SCORPION REVENGE

These are land mines for victims who walk around with bare feet. Twist paper clips or staples to make "scorpions." Take two staples and twist them together in the middle so the ends stick out in every direction. Place these all over the floor for the barefooted victim.

CAR PRANKS

Some people name their cars, protect their cars and use their cars as part of their identity. These are the funniest people to screw with. With victims like this you will want to be anonymous. One way to mess with these people is to stick post-it notes on every inch of the car. Another way is to paste a rude bumper sticker on their car or a political sticker that they oppose.

CEILING FAN PRANKS

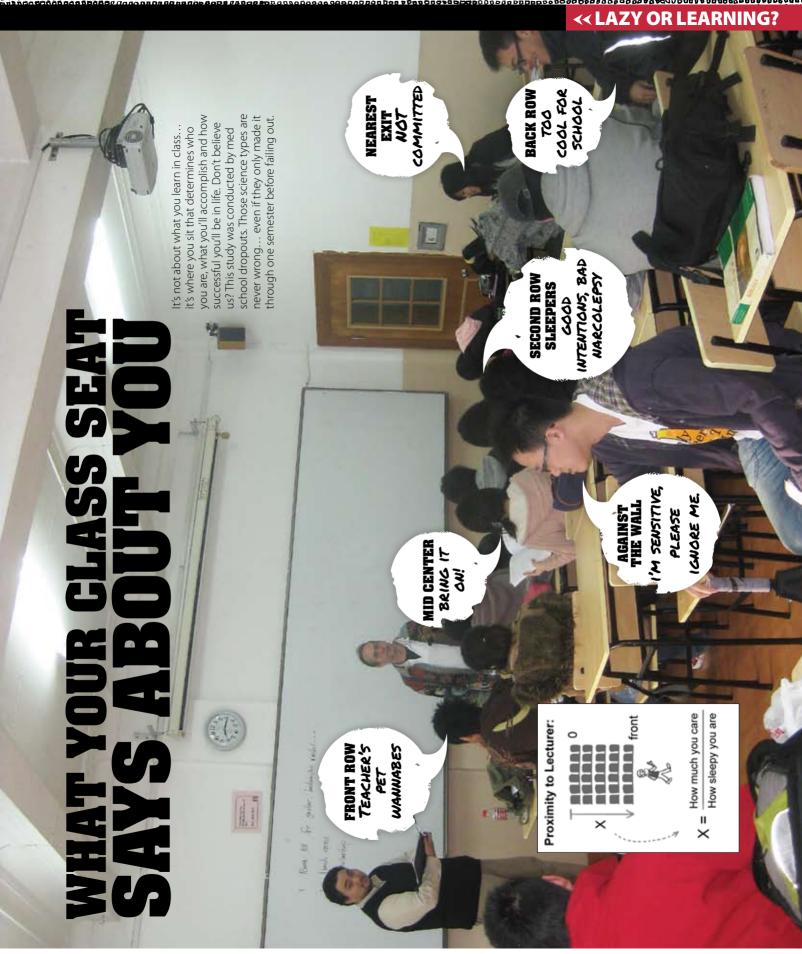
Ceiling fans can be great fun to use as traps. They are a great way to distribute collateral damage to everyone in the room. Of course the old classics are to use confetti or glitter and place it on the top of the fan blades. When the fan is turned on the confetti or glitter will be thrown everywhere.

COSMETIC PRANKS

Let's start with the safe pranks: toothpaste and mouthwash are the easiest items to attack. Switching hemorrhoid cream with the toothpaste works on groggy people. Or just simply adding salt is a great way to mess with toothpaste and mouthwash. Hot sauce in the toothpaste or mouthwash is also a fun prank. If you use a sauce hot enough, the victim will spit it out all over the mirror.

BED PRANKS

One classic bed prank is the short sheet prank. To carry this out, sneak into the bedroom and pull the sheet off. Fold the sheet in half so it creates a pocket facing the pillows. Tuck the folded sheet under the bed. Cover the sheet with a comforter so it can't be seen. You can also try wrapping the bed in plastic wrap or unscrewing the legs on the bed frame and balancing the bed on it. When the victim gets in, the bed will slide off the legs and hit the floor.



LESSON ONE: THE BACHELOR PAD >>



HOW TO BE ANAMAN IN COLLEGE

Mr. Man, who attended college in the state of Florida, was known for being a man among men in his college heyday. Currently, when not managing his several mutual funds on Wall Street, saving endangered species in the rainforest, or competing as an internationally ranked bare knuckle boxer, Mr. Man provides advice on how to be a Man in College.

Most of the articles in *Campus Talk* are written with a purpose in mind of both genders; however this article is an exception. As you might have guessed by the title, this article is intended for guys. So ladies, read on if you wish, but guys, let us begin the first lesson into How to be a Man in College.

Now first we must define the word "Man." As far as we will be concerned a man is

defined as having two important qualities: taking care of his responsibilities and having respect for himself and others. Now these two characteristics cover a whole spectrum of things in a man's life, one of which we will be covering today: the bachelor pad.

Now men come in all types of different shapes and sizes, but there are a few key things that define a college man's humble abode. The first key is cleanliness. Now college guys aren't necessarily known for being the cleanest people on the planet, and a college man does not necessarily have to be a clean freak. You don't have to walk into a sparkling and pristine apartment, but if you find yourself tripping over your underwear on the floor or constantly finding new strains of mold in your unwashed dishes scattered across your place like some sort of sick Easter egg hunt, then you could potentially benefit from a little spring cleaning. Not only do girls not like a dirty apartment, which for many is motivation enough, but a dirty place can be seen as a sign of being irresponsible. As we stated, college men are not irresponsible.

After you have taken care of all the weird stains on the carpet and picked up a little, turn your attention to your walls. Are they covered with wrinkled posters portraying either the picture of John Belushi wearing the college sweater or something referencing beer pong? Not to say there is anything wrong with the movie Animal House, but that doesn't have to necessarily be the description of your house. Plus come on, those posters are a little cliché don't you think? Try replacing the posters with something framed that has some sort of theme. It doesn't have to be something boring or look like a cheap hotel lobby, but you would be surprised at how much nicer your place can look by having a few framed pictures hung up with some sort of coherent theme.

Lastly, a college man's place has to have a place where you can get some work done. Depending on how big your place is, that may be the desk next to your dorm bed, an area somewhere in your room, or someplace separate in your house. Wherever it is, the key is to keep this place reserved for when you are actually doing something productive. Something productive as in homework or brainstorming, not drinking games. Having a separate place devoted to working can greatly increase your efficiency and help separate play from work. Not to say that you can't have fun working, but sometimes a college man has just got to get down to business.



BOYFRIEN

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with what he once would have killed for.





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